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# Introduction

Idys<sup>™</sup>-ALIF is an implant developed to perform interbody fusions of the lumbar spine using an anterior approach.

Idys<sup>™</sup>-ALIF cages and plates were designed in collaboration with surgeons, by an experienced development team in the field of spinal implants. The design team has worked to create a cage made of PEEK, as well as an anatomical ALIF plate to restore disc height and lumbar lordosis whilst providing immediate stability in terms of treatment. The goal is to create optimal conditions to promote bone fusion. Ergonomic instrumentation of the Idys <sup>™</sup> -ALIF cage meets the needs of surgeons in regards to reliability, safety, and installation convenience.

This surgical technique is for illustrative purposes only. The technique performed in each case will be determined by the medical judgement of the surgeon evaluated before and during the surgery as the best mode of treatment for each patient.

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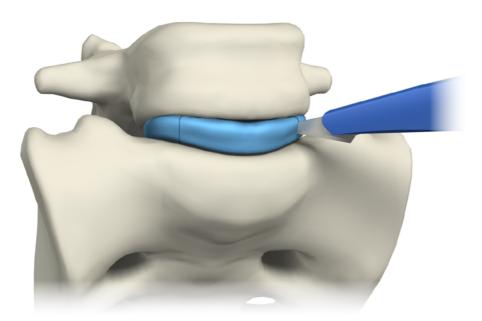
# Surgical Technique

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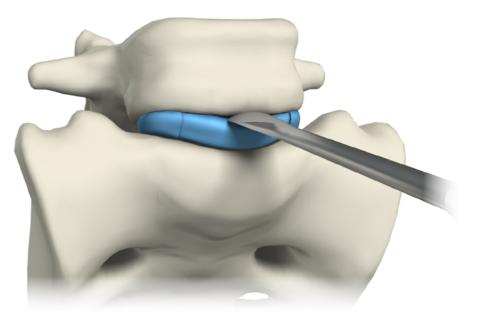
Following all necessary safety protocols, place the patient on the operating table in the supine position. Final positioning of the patient and surgical approach are based on known techniques routinely used by surgeons.

### Discectomy

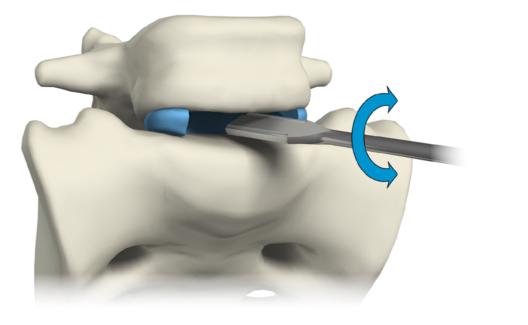
Using a scalpel, cut a rectangular window the width of the Clariance Idys<sup>™</sup>-ALIF cage into the intervertebral disc.



Separate the disc from the superior and inferior endplates with the Cobb's elevator.

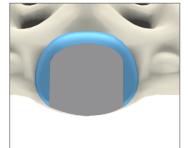


Rotate the distractor blades to begin the discectomy. Distractor blades are available in heights ranging from 8 - 18 mm, in 2 mm increments.



### Recommandations

It is recommended to retain as much of the anterolateral and posterior walls of the annulus as possible.





24703001 COBB'S ELEVATOR



99781001 T-HANDLE



247070XX SHAVERS 8-10-12-14-16-18 MM



24708XXX STRAIGHT DISC RONGEUR



24708XXX INCLINED 30 DISC RONGEOUR



24741000 DISTRACTION FORCEPS

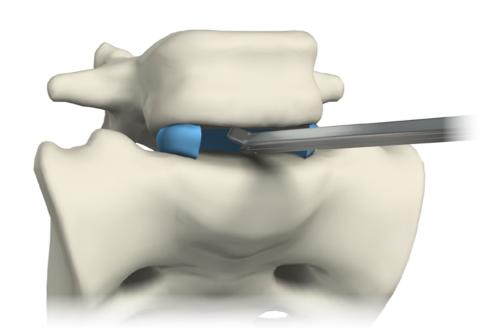


99781001 CANNULATED T-HANDLE



ROUNDED DISTRACTOR 10-12-14-16-18 MM

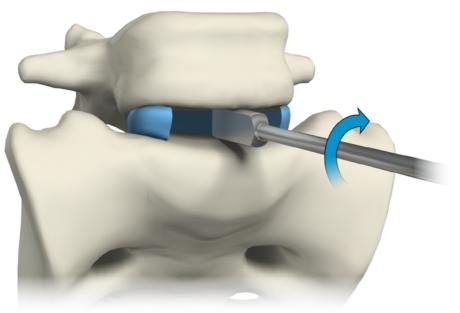
### Use a straight disc rongeur to remove the disc fragments.



# Segment distraction

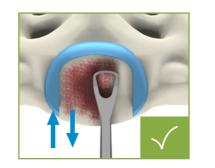
Use the distraction forceps or rounded distractor to open the disc space and gradually restore disc height.

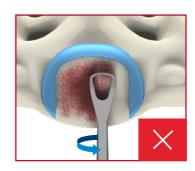
Spreaders are available in heights ranging from 10 - 18 mm, in 2 mm increments.

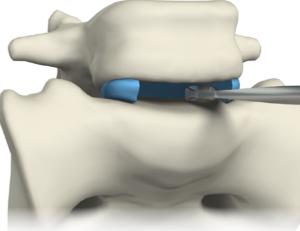


# Endplate preparation

Use the **curette** to prepare the endplates, further excising the disc material and removing the cartilaginous layer from the endplates. This is to improve vascularization of the implanted bone graft.

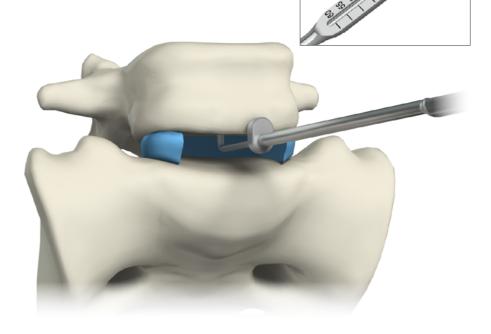






## Cage depth measurement (Optional)

Determine the depth of the cage (P 24, P 26 or P 30 mm) using the measuring gauge.









24732001 MEASURING GAUGE







TRIAL INSERTER



Mount the trial as far as it will go onto the Trial Inserter.

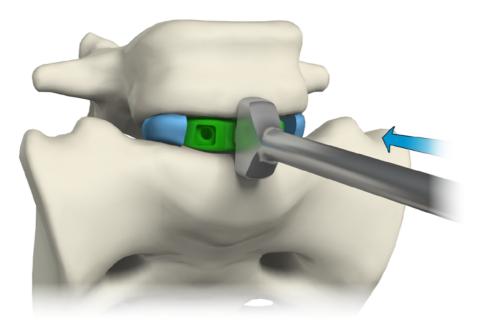






6

Insert the trial into the intervertebral disc space.



Verify the position of the trial and confirm the appropriate lordotic angle and disc height via x-ray.



# Preparation of anterior aspects of adjacent vertebrae (Optional)

After selecting the trial, snap it onto the corresponding hollow chisel template.

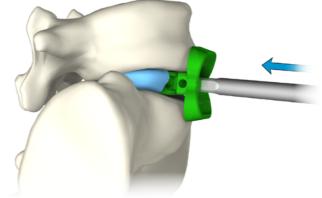


Attach the assembly onto the cage inserter.

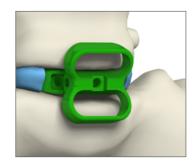


Using the slap hammer, insert the trial/template assembly into the intervertebral disc space until the cut-out template lies flush against the anterior surface of the adjacent vertebral bodies.

Special attention to center the cage and plate is required during this operation.



Detach the cage inserter from the hollow chisel template.













24715002 CAGE INSERTER



24762000 SLAP HAMMER



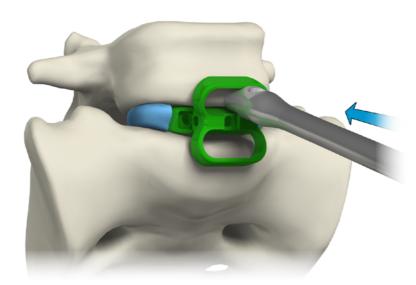




Use the bone hollow chiesel to puncture the anterior edge of the adjacent vertebral bodies in at least 4 spots. Use the cut-out template as a guide.

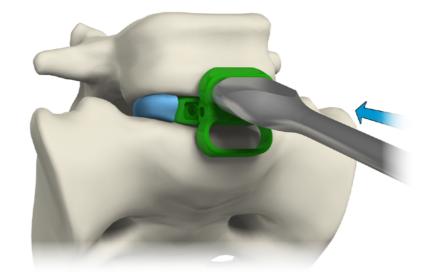
### Recommandation

Leave the punctured bone. It will be impacted on the next step.

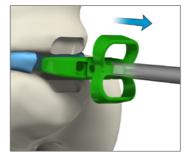


Use the **bone impactor** to compact the punctured anterior edges of the adjacent vertebral bodies.

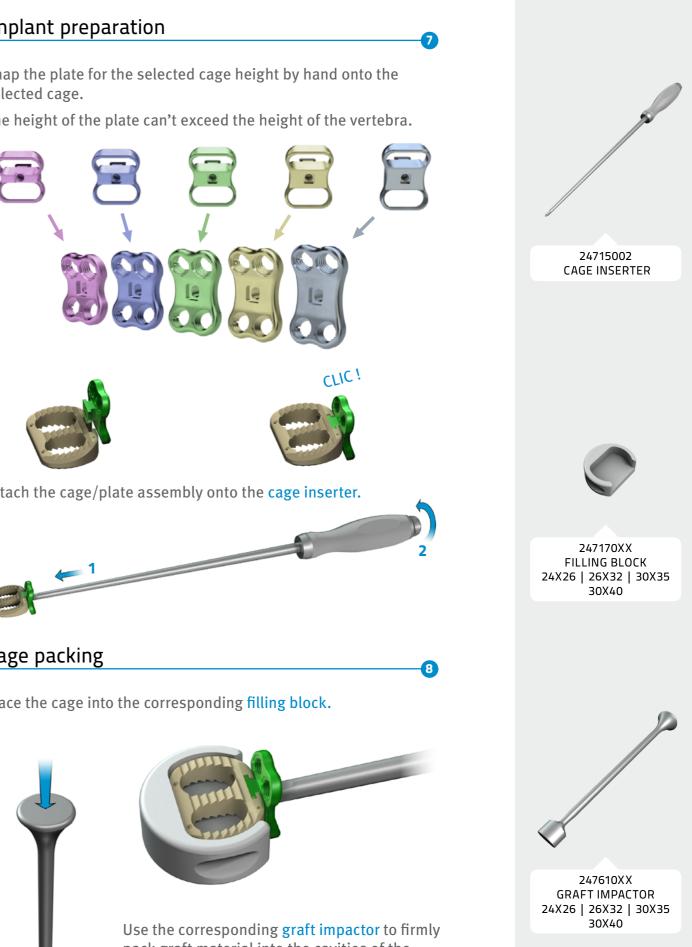
It push the anterior edges in order to reduce the relief of the plate on the anterior wall.



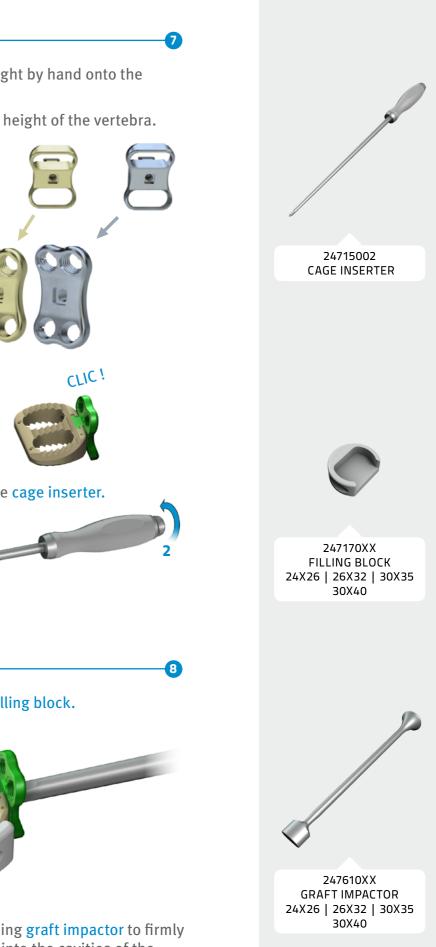
Reattach the cage holder onto the cutout template using the slap hammer in order to remove the template/trial assembly from the intervertebral space.

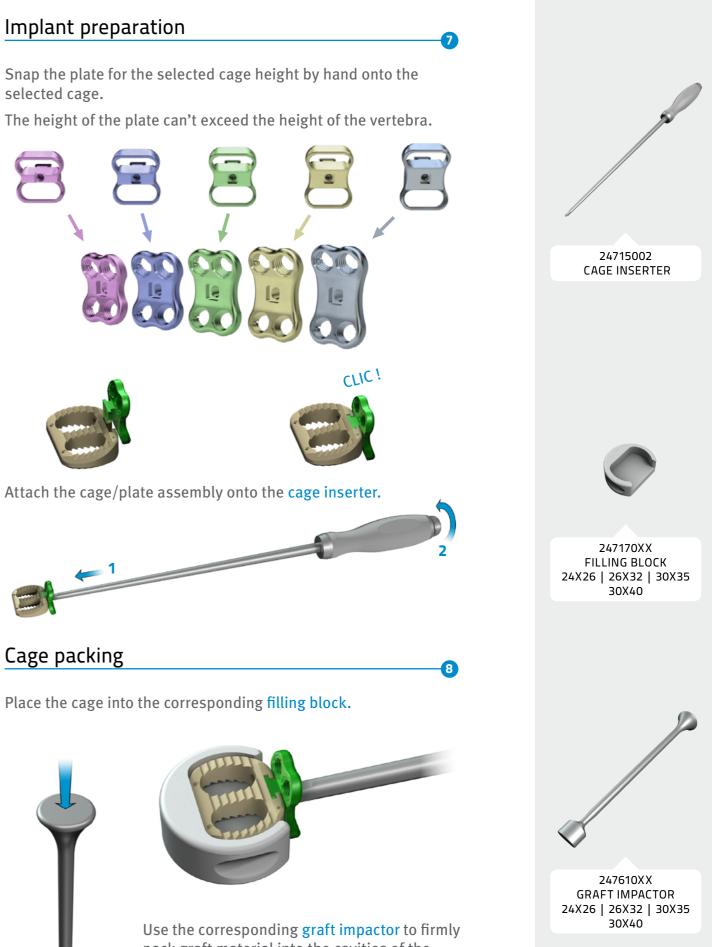


selected cage.

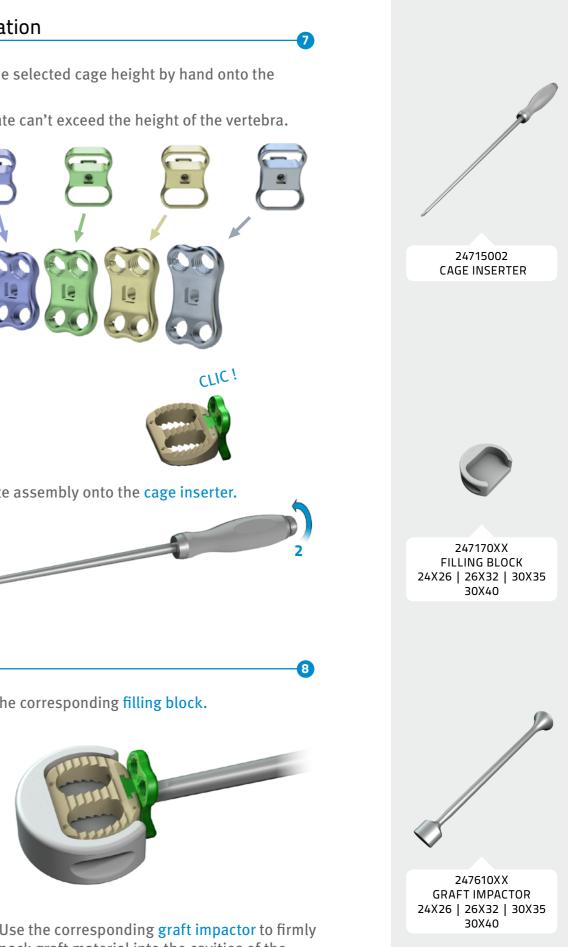








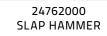




pack graft material into the cavities of the implant.







## Implant insertion

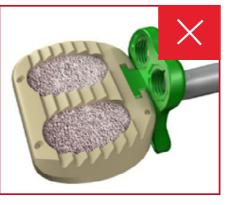
Insert the cage/plate assembly into the intervertebral space and lightly impact with the slap hammer. The plate should lie flush against the prepared anterior edges of the adjacent vertebral bodies.

Special attention is needed to respect the centering obtained during the preparation of the implantation site.

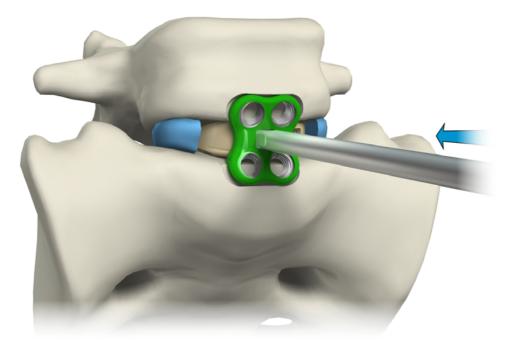
### Recommandation

It is recommended to insert the cage with the face containing the notch downward.





9



Detach the cage holder from the plate by turning the mallet.

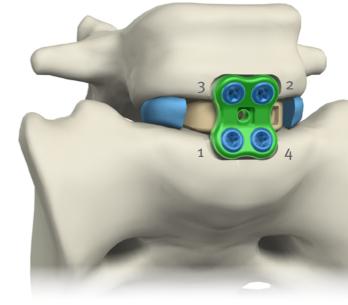
Verify the proper position of the implant via x-ray.

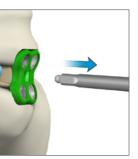
## Implant fixation

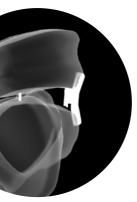
Use the screw-holding tightening wrench to insert the screws into the plate.

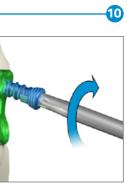
Screw locking is obtained when the head of the screw is completely inserted into the plate.













99782001 RATCHETING CYLINDRICAL HANDLE



99720002 TIGHTENING WRENCH

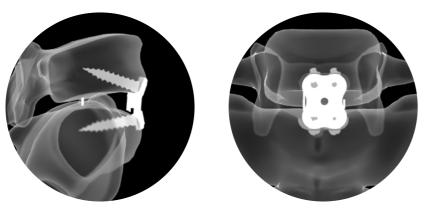






COUNTER-TORQUE



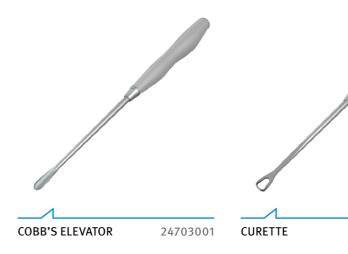


### Removal

- **1.** Remove the 4 screws using the tightening wrench and the counter-torque.
- 2. Attached the cage inserter to the plate.
- 3. Remove the cage-plate assembly using the slap hammer.

# Instruments Idys ALIF









24762000

BONE IMPACTOR

T-HANDLE

24716000

99781001



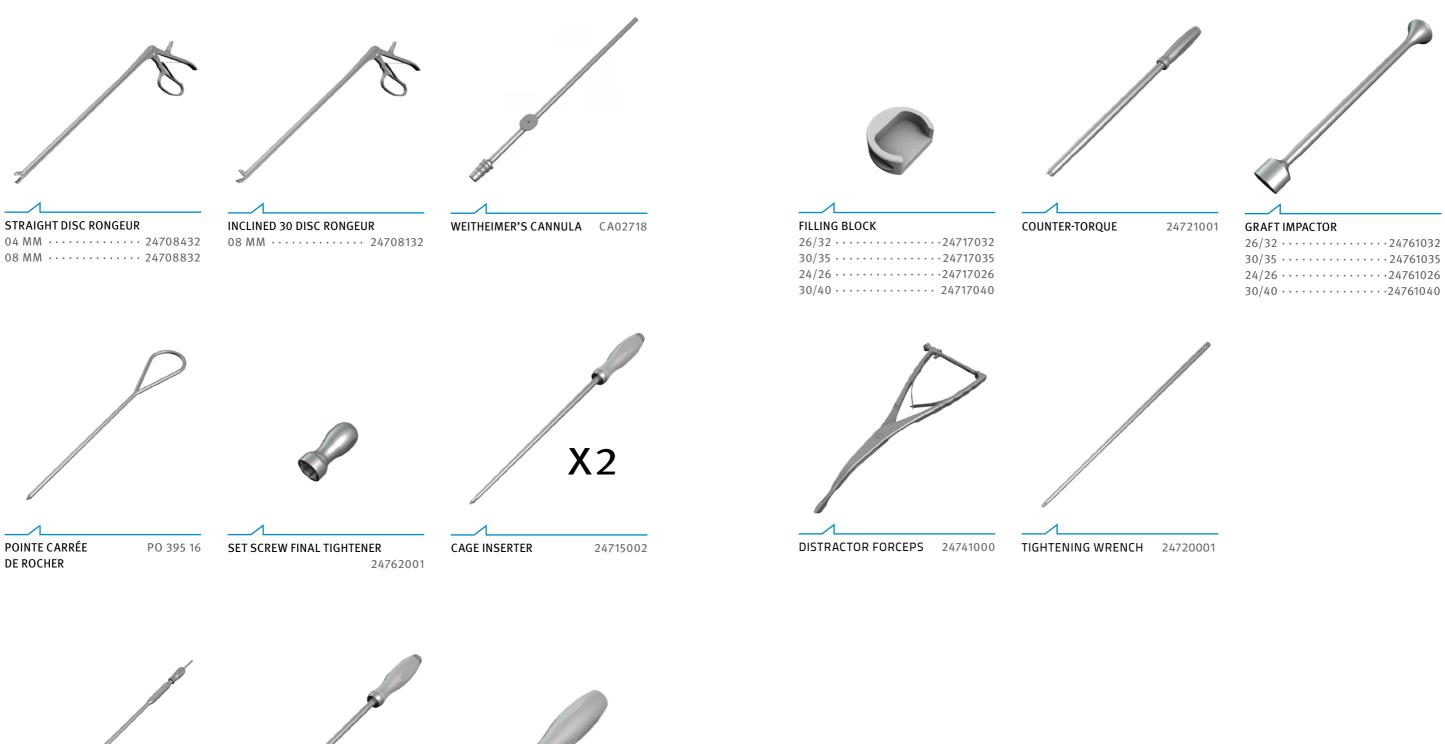






24704109

Ø 10 MM · · · · · · · · · 24707010 Ø 12 MM · · · · · · · · · · · · 24707012 Ø 14 MM · · · · · · · · · · · · · · 24707014 Ø 16 MM · · · · · · · · · · · · · · 24707016 Ø 18 MM · · · · · · · · · · · 24707018



MEASURING GAUGE 24732001 TRIAL INSERTER 24715001

X2

RATCHETING CYLINDRICAL HANDLE 99782001

| 92 | 92 | 92 |  | <b>9</b> 2 | 92 |  |
|----|----|----|--|------------|----|--|
| 1  |    |    |  | 1          |    |  |

| ALIF TRIAL 24 X 26 MM |          |          |          |          |          | ALIF TR | RIAL 26 X 32 M | им       |          |          |          |
|-----------------------|----------|----------|----------|----------|----------|---------|----------------|----------|----------|----------|----------|
|                       | H10      | H12      | H14      | H16      | H18      |         | H10            | H12      | H14      | H16      | H18      |
| 6°                    | 24710006 | 24710206 | -        | -        | -        | 6°      | 24710006       | 24710206 | -        | -        | -        |
| 10°                   | 24710010 | 24710210 | 24710410 | 24710610 | -        | 10°     | 24710010       | 24710210 | 24710410 | 24710610 | -        |
| 14°                   | -        | 24710214 | 24710414 | 24710614 | 24710814 | 14°     | -              | 24710214 | 24710414 | 24710614 | 24710814 |
| 18°                   | -        | -        | 24710418 | 24710618 | 24710818 | 18°     | -              | -        | 24710418 | 24710618 | 24710818 |



| ALIF TRIAL 30 X 35 MM |          |          |          |          |          |  |  |
|-----------------------|----------|----------|----------|----------|----------|--|--|
|                       | H10      | H12      | H14      | H16      | H18      |  |  |
| 6°                    | 24711006 | 24711206 | -        | -        | -        |  |  |
| 10°                   | 24711010 | 24711210 | 24711410 | 24711610 | -        |  |  |
| 14°                   | -        | 24711214 | 24711414 | 24711614 | 24711814 |  |  |
| 18°                   | -        | -        | 24711418 | 24711618 | 24711818 |  |  |

| AL | ALIF TRIAL 30 X 40 MM |          |          |          |          |          |  |  |  |
|----|-----------------------|----------|----------|----------|----------|----------|--|--|--|
|    |                       | H10      | H12      | H14      | H16      | H18      |  |  |  |
|    | 6°                    | 24710006 | 24710206 | -        | -        | -        |  |  |  |
|    | 10°                   | 24710010 | 24710210 | 24710410 | 24710610 | -        |  |  |  |
|    | 14°                   | -        | 24710214 | 24710414 | 24710614 | 24710814 |  |  |  |
|    | 18°                   | -        | -        | 24710418 | 24710618 | 24710818 |  |  |  |



#### HOLLOW CHISEL TEMPLATE

| H10      | H12      | H14      | H16      | H18      |
|----------|----------|----------|----------|----------|
| 24706010 | 24706012 | 24706014 | 24706016 | 24706018 |

### INSTRUCTIONS FOR USE

#### 1 PURPOSE

The Idys<sup>™</sup>-ALIF cages are PEEK (POLYETHERETHERKETONE) fusion devices intended for stabilization use and to promote bone fusion during the normal healing process following surgical correction of disorders of the spine. The product should be implanted only by a physician who is knowledgeable in the implant's material and surgical aspects and who has been trained as to its mechanical and material applications and limitations.

#### 2 DESCRIPTION

The Idys<sup>30-</sup>ALIF System is designed for use as a lumbar intervertebral body fusion device. The device is manufactured from medical grade polyetheretherketone (INVIBIO PEEK OPTIMA LT1) and is to be used with autograft. The device has a shape which restores the intervertebral height and lordosis. The device contains two slots to receive the autologous bone graft to promote the fusion process between the endplates. The superior and inferior surfaces of the implant are designed with teeth which interact with the surface of the vertebral endplates and helps in resisting back out. The Idys<sup>30-</sup>ALIF System is a standalone system intended to be used with plate and four bone screws, autogenous bone graft and requires no additional supplementary fixation. The Idys<sup>30-</sup>ALIF System cages are made of ASTM F2026 compliant polyetheretherketone (PEEK) and, markers made of Tantalum according to ASTM F560, the plate and screws are made of ASTM F136 titanium alloy. It is essential to insert implants with instrumentation is specifically designed for this purpose. For more description of the instrumentation it is necessary to read the technical documentation associated to the Idys<sup>30-</sup>ALIF System are available upon request, please contact CLARIANCE or its local representative.

#### 3 INDICATIONS

The ldys<sup>™</sup> ALIF (Anterior Lumbar Interbody Fusion) System is intended for use in patients with degenerative disc disease (DDD) at one (1) or two (2) contiguous levels of the lumbosarcal spine (l.2-51). DDD is defined as back pain of discogenic origin with degeneration of the disc confirmed by history and radiographic studies. These DDD patients may also have up to Grade I spondylolisthesis or retrolisthesis at the involved levels. These patients should be skeletally mature and have had at least six (6) months of non-operative treatment. The Idys<sup>™</sup> ALIF System should be used with the integrated fixation screws provided. The Idys<sup>™</sup> ALIF System is intended to be used with autograft.

#### 4 CONTRA-INDICATIONS

The Idys<sup>27</sup>-ALIF Lumbar Interbody device is not intended for posterior surgical implantation. Contraindications include, but are not limited to:

- Any case not described in the indications.
- Any medical or surgical condition which would preclude the potential benefit of spinal implant surgery.
  - Any patient having inadequate bone stock quality or poor bone quality.
  - Fever or leukocytosis, Infection, local to the operative site, Signs of local inflammation.
     Any patient unwilling to co-operate with postoperative instructions, having mental illness,
  - morbid obesity, pregnancy. Rapid joint disease, bone absorption, osteopenia, and/or osteoporosis. Osteoporosis is a
  - Rapid joint disease, bone absorption, osteopenia, and/or osteoporosis. Usteoporosis is a
    relative contraindication because this condition may limit the degree of correction and/or
    or the possibility of mechanical fixation.
  - Suspected or documented allergy or intolerance to the constitutive materials.
  - These devices must not be used for pediatric cases, or where the patient still has general skeletal growth.

#### IMPORTANT NOTE: Although not absolute contraindications, conditions to be considered as potential factors for not using this device include severe bone resorption and osteoporosis, osteomalacia.

#### 5 | SECONDARY AND POSSIBLE SIDE EFFECTS

Secondary and possible side effects may occur when the device is used either with or without associated instrumentation. The potential risk of side effects as a result of movement and non-stabilization may increase in cases where associated complementary support is not employed. Potential secondary and possible side effects include but are not limited to:

- Infection, Non-union (or pseudarthrosis).
- Implant migration, loss of correction height, and/or reduction of the spinal curvature, breakage of the device(s), foreign body reaction to the implants.
- Bone fracture or stress shielding at, above, or below the level of surgery, bone graft
  donor site complication.
- Loss of neurological function, appearance of radiculopathy, dural tears, and/or development of pain, neurovascular compromise including temporary paralysis, or other types of serious injury.
- Cerebral spinal fluid leakage, hemorrhage of blood vessels and/or hematomas, deep venous thrombosis, thrombophlebitis, and/or pulmonary embolus.
- Discitis, and/or other types of inflammation.
- Inability to resume activities of normal daily living. Early or late loosening or movement of the device(s). Scar formation possibly causing neurological compromise or compression around nerves and/or pain.
- Fracture, micro fracture, resorption, damage, or penetration of any spinal bone and/or bone graft or bone graft harvest site at, above, and/or below the level of surgery, graft expulsion.
- Herniated nucleus pulposus, disc disruption or degeneration at above, or below the level of surgery.
- Reproductive system compromise, including sterility, loss of consortium, and sexual dysfunction. Development of respiratory problems, e.g. pulmonary embolism, atelectasis, bronchitis, pneumonia, Change in mental status, Death.

NOTE: Additional surgery may be necessary to correct some of these anticipated adverse events.

#### 6 WARNINGS

- Do not use if package is opened or damaged or if expiration date has passed
   The correct selection of the implant is extremely important. The potential for success is increased by the selection of the proper size of the implant. Based on the dynamic testing results, the physician should consider the levels of implantation, patient weight, patient activity level, and other patient conditions, which may impact on the performance of the device. In addition, the surgeon should properly size the device such that the length of the plate does not exceed the adjacent vertebral bodies.
- These devices are provided as single use only implants and are not to be reused or re-implanted regardless of an apparent undamaged condition. This is indicated on the labeling of the implant package by the next symbol.W.

- The reuse of single-use devices can have irreversible consequences on the security and the health of the patients (risk of contamination, risk of failure of the device, etc.). It is therefore strongly prohibited to reuse single use devices.
- The Idys<sup>™</sup>-ALIF system is used to augment the development of a spinal fusion by providing temporary stabilization. This device is not intended to be the sole means of spinal support.
- Supplemental internal fixation must be used. If fusion is delayed or does not occur, material fatigue may cause breakage of the implant. Damage to the implant during surgery (i.e., scratches, notches) and loads from weight bearing and activity will affect the implant's longevity.
- Because different manufacturers employ different materials, varying tolerances, manufacturing specifications, and differing design parameters, components of the Idys<sup>™</sup>-ALIF System should not be used in conjunction with components from any other manufacturer's implant systems. Any such use shall negate the responsibility of CLARIANCE for the performance of the resulting mixed component implant.
- Patients with previous spinal surgery at the level(s) to be treated may have different clinical outcomes compared to those without a previous surgery.
   Potential risks identified with the use of this system, which may require additional
- Potential risks luentined with the use of this system, which had require additional surgery, include: device component breakage, loss of fixation/loosening, non-union, vertebral fracture, neurologic, vascular or visceral injury.

#### 7 | CAUTION OF USE

#### > Preoperative

- The implantation of the intervertebral body fusion device should be performed only by experienced spinal surgeons with specific training in the use of this device because this is a technically demanding procedure presenting a risk of serious injury to the patient,
- Only patients that meet the criteria described in the indications should be selected, correct selection of the implant is extremely important. An adequate inventory of sizes should be available at the time of surgery. The size of device for the case should be determined prior to beginning the surgery.
- Proper function of the surgical instruments should be verified prior to every surgical procedure. All instruments must be cleaned and sterilized before use.

#### > Intraoperative

- The instructions in  $\mathsf{Idys}^{\mathsf{vu}}\text{-}\mathsf{ALIF}$  System surgical technique manual should be carefully followed.
- Extreme caution should be used around the spinal cord and nerve roots. Damage to the nerves will cause loss of neurological functions.
- Breakage, slippage, or misuse of instruments or implants may cause injury to the patient or operative personnel.
- To ensure good fusion of the treated spinal segment, bone autograft should be used.
   > Postoperative
- Detailed instructions on the use and limitations of the device should be given to the
  patient. It is recommended that a regular postoperative follow-up be undertaken to
  detect early signs of failure of the implants and to consider the action to be taken.
  The patient should be advised of the inability to bend at the point of spinal fusion
  and taught to compensate for this permanent physical restriction in body motion. It
  is important that immobilization of union is established and confirmed by x-rays, CT
  scans examination. If a non-union develops or if the components loosen, migrate, and/
  or break, the devices should be revised and/or removed immediately before serious
  injury occurs.
- Any retrieved devices should be treated in such a manner that reuse in another surgical procedure is not possible.

#### FOR US AUDIENCE ONLY

# CAUTION: FEDERAL LAW (USA) RESTRICTS THESE DEVICES TO SALE BY OR ON THE ORDER OF A PHYSICIAN.

#### 8 | PACKAGING HANDLING AND STORAGE

Packages for each of the components should be intact upon receipt. If a loaner or consignment system is used, all instruments sets should be carefully checked for completeness and all components should be carefully checked to ensure that there is no damage prior to use. Damaged packages or products should not be used, and should be returned to CLARIANCE.

The handling of the Idys<sup>w-</sup>-ALIF System components must be done as seldom as possible and always with the utmost care. The Idys<sup>w-</sup>-ALIF system components (in their original packaging) must be stored with care in a clean and dry place. Do not expose the Idys<sup>w-</sup> ALIF system components to radiations or extreme temperatures. Should these requirements not be followed, reduced mechanical properties may occur

Should these requirements not be followed, reduced mechanical properties may occur which could lead to implant failure in some cases.

#### 9 | CLEANING – DECONTAMINATION – STERILISATION

All instruments must be cleaned using neutral cleaners followed by a deionized water rinse before sterilization. Note that a good cleaning must make necessary the disassembly of some instruments. Refer to document 99REPINS "Manual instruments for Spinal Surgery Instructions for care, Cleaning Maintenance, and Sterilization" to obtain detailed instructions. All products must be sterile prior the introduction into a sterile surgical field, or (if applicable) return of the product to CLARIANCE.

| Method  | Cycle                     | Temperature   | Exposure<br>Time | Drying time   |
|---------|---------------------------|---------------|------------------|---------------|
| Steam   | DYNAMIC AIR R]<br>Removal | 132°C (270°F) | 4<br>MINUTES     | 20<br>MINUTES |
| Steam   | GRAVITY                   | 132°C (270°F) | 15 MINUTES       | 30<br>MINUTES |
| Steam * | Dynamic Air<br>Removal*   | 134°C (273°F) | 18 MINUTES       | 30<br>MINUTES |

\*For outside the United States, some non-U.S. Health Care Authorities recommend sterilization according to these parameters so as to minimize the potential risk of transmission of Creutzfeldt-Jakob disease, especially of surgical instruments that could come into contact with the central nervous system. However we advise the users not following the recommended method to validate their methods by means of appropriate laboratorv.

#### 10 MRI SAFETY INFORMATION

The ldys<sup>w</sup>-ALIF system has not been evaluated for safety and compatibility in the MR environment. It has not been tested for heating, migration, or image artifact in the MR environment. The safety of the ldys<sup>w</sup>-ALIF system in the MR environment is unknown. Scanning a patient who has this device may result in patient injury.

#### Clariance, Inc.

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