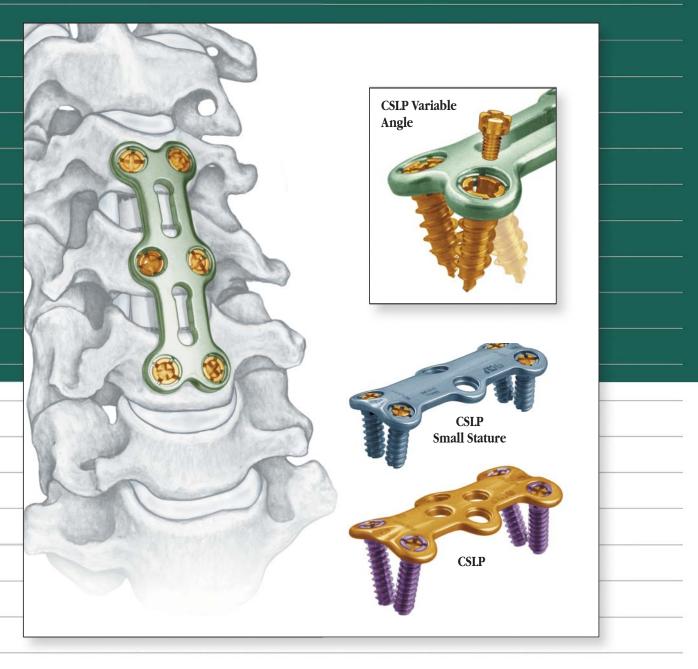
The Cervical Spine Locking Plate CSLP





Principle Based Surgery with the Cervical Spine Locking Plate (CSLP)

The AO ASIF Principles of Internal Fixation

In 1958, the AO ASIF (Association for the Study of Internal Fixation) formulated four basic principles,¹ which have become the guidelines for internal fixation. They are:

- Anatomic reduction
- Stable internal fixation
- Atraumatic surgical technique
- Early active pain-free mobilization

The fundamental aims of fracture treatment in the limbs and fusion of the spine are the same. A specific goal in the spine is the return of as much function as possible of the injured neural elements.²

Anatomical alignment in the cervical spine means restoring and maintaining the lordosis and the original disc height. The goal of *stable internal fixation* in the cervical spine is to maintain not only the integrity of a mobile segment and make it fuse, but also to maintain the balance and the physiologic three-dimensional form of the cervical spine.³

The Proven Performance of CSLP

The Synthes Cervical Spine Locking Plate (CSLP) was developed by Dr. Edwin Morscher, along with the technical commission of the AO, following the AO principles for internal fixation. Since its introduction to the United States in 1991, CSLP has been used in more than 150,000 anterior cervical fusions. The clinical performance of CSLP has been documented in more than 20 peer-reviewed studies.⁴

During its lifetime, several new generations of CSLP have been developed:

- Adjusting the hole pattern to multilevel discectomies;
- Decreasing the plate size to conform to small-statured spines;
- And now–offering variable angle and self-drilling screws to ease the technique.



1. M.E. Müller, M. Allgöwer, R. Schneider, H. Willenegger: AO Manual of Internal Fixation, 3rd Edition (Berlin: Springer-Verlag) 1991. 2. ibid.

3. M. Aebi, J.S. Thalgott, J.K. Webb. AO ASIF Principles in Spine Surgery, (Berlin: Springer-Verlag) 1998.

4. Partial list of published clinical CSLP studies:

- Tribus et al, Spine, 1999, No.9: "The Efficacy of Anterior Cervical Plating in the Management of Symptomatic Pseudoarthrosis of the Cervical Spine."
- Caspar et al., Journal of Spinal Disorders, 1998, No.1: "Anterior Cervical Plate Stabilization in One- and Two Level Degenerative Disease."
- Shapiro et al., Journal of Neurosurgery, Feb. 1996: "Banked Fibula and the Locking Anterior Cervical Plate in ACF Following Discectomy."
 Inhomoson & Gradiard, Journal of Neurosurgery, Feb. 1995: "One Stage Jeternal Firstion and Asterior Fiscion in Complex Conviced Spinal Disc
- Johnston & Crockard, *Journal of Neurosurgery*, Feb. 1995: "One-Stage Internal Fixation and Anterior Fusion in Complex Cervical Spinal Disorders."
 Rechtine et al., *Techniques in Orthopaedics*, 1994, No.1: "The Synthes Cervical Spine Locking Plate and Screw System in Anterior Cervical Fusion."

The Principles of CSLP

All CSLP generations are based on the same AO ASIF principles as applied to the cervical spine:

CSLP Principle	CSLP Design Feature		Clinical Importance
Stable Fixation	Screws lock to the plate		 Stabilizes the motion segment and minimizes motion between graft and vertebrae. Buttresses the graft against excessive compressive loads thereby minimizing subsidence maintaining lordosis, disc height, and nerve root decompression.
Load Sharing	Carefully designed plate stiffness		• Follows 'Wolff's Law' to allow fusion (load transmission through graft).
Safe and Secure Construct	Instrumentation supports optimal medial screw angulation.		 Each pair of screws entraps a wedge of bone, for increased pullout resistance. Decreases the risk of impingement of the vertebral artery and the nerve roots. Minimizes screw interference
Atraumatic Technique	Thin plate with a smooth profile	T de la contraction de la cont	• Minimizes tissue irritation leading to esophageal erosion.

2 mm

CSLP–Load Sharing without Compromising Stability

The Mechanics of Load Sharing

Studies have shown that stable plated ACDFs result in less graft collapse and less loss of lordosis than unplated ACDFs^{5–7}. It is important, however, that a stable construct shares enough load with the graft to avoid stress shielding.

The mechanics of load sharing between the bone graft and the CSLP plate in the cervical spine is shown in Fig.1. As load is applied, the lordotic curvature of the construct helps to absorb the load by bending and absorbing the energy of the load. The stable construct returns to its original shape as the load is removed, thereby maintaining the anatomical alignment.

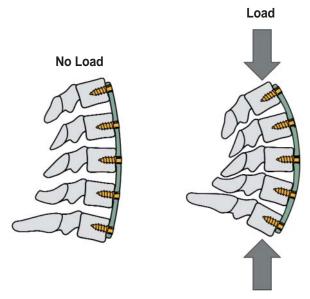
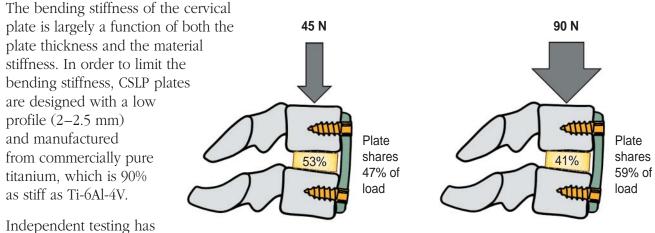


Fig. 1: CSLP construct absorbing the energy of the applied load

Carefully Designed Plate Stiffness

The bending stiffness of the plate and screw construct is the most important factor in determining how much load is shared with the bone. As the plate/screw construct stiffness increases, the percentage of load through the graft decreases.



shown that the CSLP plates share 47% of the load when 45 N are applied and 59% of the load when 90 N are applied⁸ (Fig.2).

Fig. 2: CSLP's Load Sharing Characteristics

^{5.} J.C. Wang, et. al.; "Increased Fusion Rates with Cervical Plating for Two-Level ACDF"; Paper #1, CSRS 1998.

^{6.} P.W. McDonough, et. al.; "Single-Level Anterior Cervical Discectomy: Plate vs. No Plate"; Paper #3, CSRS 1998.

^{7.} R.D. Orr, et. al.; "Radiographic Comparison of Plated versus Unplated Fusion for Single ACDF"; Paper #2, CSRS 1998.

^{8.} Andrew J. Rapoff, et. al.; "Anterior Cervical Graft and Plate Load Sharing"; Journal of Spinal Disorders; Vol 12, No 1, pp 45-49.

The CSLP Small Stature and CSLP Variable Angle systems are designed to match the load-sharing performance of the original CSLP system.



CSLP Variable Angle

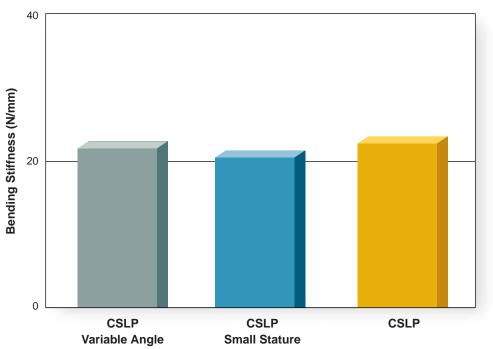


CSLP Small Stature



CSLP

Bending Stiffness Comparison



Static compression bending tests show the similarities between the 2-Level plates⁹

The Synthes Anterior CSLP System including the Small Stature Anterior Cervical Vertebrae Plate System consists of plates with Expansionhead Screws and Locking Screws. The plate attaches to the anterior portion of the vertebral body of the cervical spine. The CSLP system listed systems are intended for anterior screw fixation to the cervical spine (C2-C7) for the following indications: spondylolisthesis, fracture, spinal stenosis, and tumor.

Plate Comparisons

General Specifications	CSLP Variable Angle	CSLP Small Stature	Cervical Spine Locking Plate
Plate Color	Light Green	Light Blue	Gold
Plate Width	18 mm	16 mm	21 mm
Axial Bend Radius	20 mm	15 mm	25 mm
Pre-Bent Lordotic Radius	200 mm	NA	NA
Maximum Thickness	2.5 mm	2.0 mm	2.0 mm
Lengths Available (overall)			
1-Level	23 mm-35 mm	20 mm-34 mm	22 mm-34 mm
2-Level	37 mm-55 mm	34 mm-54 mm	36 mm–54 mm
3-Level	54 mm-78 mm	47 mm-77 mm	53 mm-77 mm
4-Level	69 mm-109 mm	NA	68 mm–92 mm
Screw Angulation			
Cephalad Pair	Up to 20°	6° cephalad	12° cephalad
Intermediate Pairs	Up to 20°	0°	0°
Caudal Pair	Up to 20°	0°	0°
Screw Pair Convergence Angle	Up to 30°	19°	25°
Holes Available for Graft Screws	No	No	Yes



CSLP Variable Angle

The CSLP Variable Angle is designed to ease the surgical technique and increase system versatility, while maintaining the mechanical properties of the existing Cervical Spine Locking Plate.





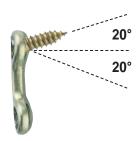
The screw can be angulated in any direction and still lock to the plate. This provides the stability and load sharing needed to allow bony fusion. The locking mechanism relies on the expansionhead screws, which have been proven effective in over 150,000 procedures.

Variable Screw Angulation









1 Level

2 Level

3 Level

4 Level







Self-Drilling Screws

Self-drilling screws make drilling unnecessary. They have the same pull-out strength as selftapping and standard screws of the same size.



CSLP Variable Angle (continued)

Additional Features

- Pre-lordosed plates
- Back surface of plate textured to reduce slippage
- Longer screw lengths allow bicortical screw purchase
- Available for 1-, 2-, 3- and 4-level corpectomies and discectomies



Bicortical screws (green) 18 mm, 19 mm, 20 mm



A notch at each end of the plate allows space for pins when used to compress the graft.



Expansio	nhead Screws Com	patible v	with CSLP	Variable A	Ingle		
		12 mm	14 mm	16 mm	18 mm	19 mm	20 mm
Standard Screws	4.0 mm Cortex 4.35 mm Cancellous	•	•	•			
Self-Tapping Screws	4.0 mm Cortex4.0 mm Cancellous4.35 mm Cancellous4.5 mm Cancellous	•	•	•	٠	٠	•
	44444						
Self-Drilling Screws	4.0 mm Cortex4.0 mm Cancellous4.5 mm Cancellous	•	•	•			

• Recommended for use

Not available

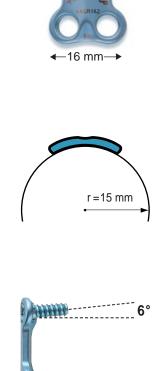
CSLP Small Stature

Small Stature CSLP is designed for small vertebral bodies. It has the narrowest plate width of all CSLP versions, without compromising stiffness and strength.

Features

- 16 mm plate width
- 2 mm plate thickness
- Available for 1-, 2- or 3-level corpectomies or discectomies





Expansionhead Screws Compatible with CSLP Small Stature

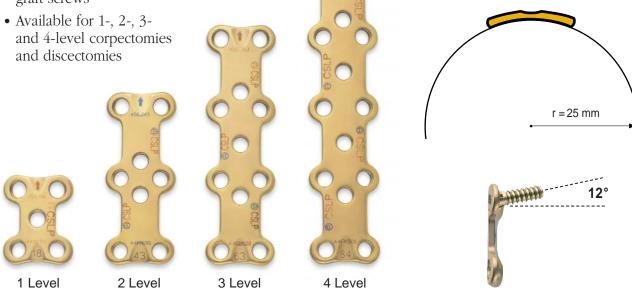
		12 mm	14 mm	16 mm	18 mm	19 mm	20 mm
Standard	4.0 mm Cortex	•	•				
Screws	4.35 mm Cancellous	•	•				
Self-Tapping	4.0 mm Cortex	•	•				
Screws	4.0 mm Cancellous	•	•				
	4.35 mm Cancellous	•	•				
	4.5 mm Cancellous	•	•				
Self-Drilling	4.0 mm Cortex						
Screws	4.0 mm Cancellous						
	4.5 mm Cancellous						

CSLP

Introduced in 1991, the CSLP was the first unicortical anterior cervical plate system. Its clinical success has been documented in over 20 peer-reviewed studies.¹⁰

Features

- 21 mm plate width
- 2.0 mm plate thickness
- Cloverleaf hole configuration for graft screws



Expansionhead Screws Compatible with CSLP

		12 mm	14 mm	16 mm	18 mm	19 mm	20 mm
Standard	4.0 mm Cortex	•	•	•			
Screws	4.35 mm Cancellous	•	•	•			
Self-Tapping	4.0 mm Cortex	•	•	•			
Screws	4.0 mm Cancellous	•	•	•			
	4.35 mm Cancellous	•	•	•			
	4.5 mm Cancellous	•	•	•			
Self-Drilling	4.0 mm Cortex						
Screws	4.0 mm Cancellous						
	4.5 mm Cancellous						

Recommended for use •

21 mm

Instruments



3.0 mm Drill Bit with stop, 12 mm–16 mm [324.12, 324.14, 324.16] (silver)

For use with the Single Locking Drill Guide [387.286].



Awl for self-drilling screws [387.291]

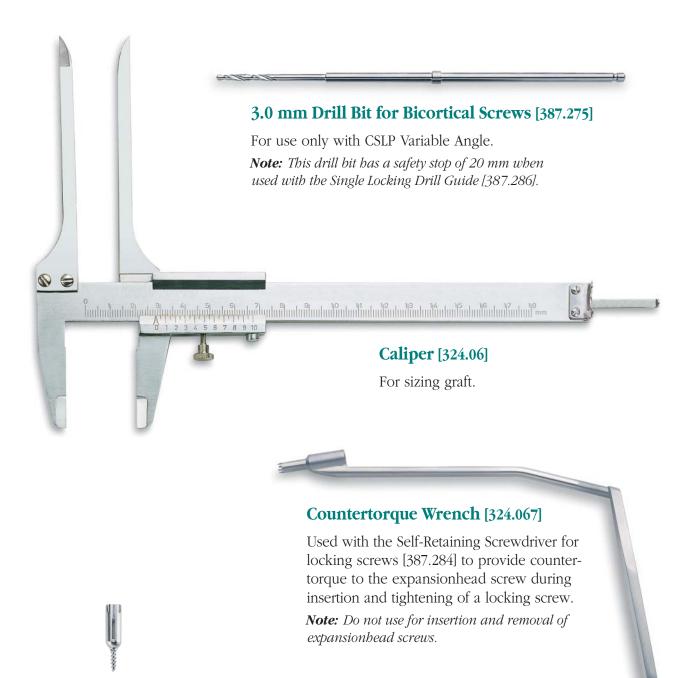
Used to center the screw hole in the plate and to break the near cortex.

Tip of awl



Cervical Depth Gauge [387.292]

For determining the correct length of bicortical screws.



Temporary Fixation Pin [387.595]

Holds any Cervical Spine Locking Plate securely to the bone prior to final placement of screws. Compatible for use with CSLP Self-Retaining Screwdriver for expansionhead screws [387.282].

Instruments (continued)



Used to tap drilled holes for non-self-tapping expansionhead screws.



Self-Retaining Screwdriver, for expansionhead screws [387.282]

For insertion of expansionhead screws. May also be used to insert the Temporary Fixation Pin [387.595].

Self-Retaining Screwdriver, for locking screw [387.284]

For inserting the locking screw [497.78] into the expansionhead screw.



Plate Lifter [324.066]

For lifting CSLP plates out of modules [304.975, 304.976, 304.978, 304.984, 304.985].



Increase lordotic bend



Decrease lordotic bend



Universal Plate Bender [387.293]

For contouring of CSLP plates. *Caution: Repeated bending will weaken plate.*

Handle with quick coupling [311.43.99]

For use with drill bits and conical extraction screw.

Cervical Plate Holder [387.532]

Holds any CSLP plate during insertion and fixation.

Conical Extraction Screw [387.34]

For removal of an expansionhead screw, if necessary.



Instrument Chart

Catalog Number	CSLP Instruments for use with:	CSLP Variable Angle	CSLP Small Stature	CSLP
324.06	Caliper	٠	•	•
324.066	Plate Lifter	٠	•	•
324.067	Countertorque Wrench	٠	•	•
324.12	3.0 mm Drill Bit with stop, 12 mm	٠	•	•
324.14	3.0 mm Drill Bit with stop, 14 mm	٠	•	•
324.16	3.0 mm Drill Bit with stop, 16 mm	•		•
387.276	Tap for 4.0 mm Cortex Expansionhead Screws	•	•	•
387.277	Tap for 4.0 mm Cancellous Expansionhead Screws	•	•	•
387.278*	Tap for 4.35 mm Cancellous Expansionhead Screws	•	•	•
387.279*	Tap for 4.5 mm Cancellous Expansionhead Screws	٠	•	•
387.282	Self-Retaining Screwdriver, for expansionhead screws	٠	•	•
387.284	Self-Retaining Screwdriver, for locking screw	٠	•	•
387.286	Single Locking Drill Guide	٠	•	•
387.291	Awl for Self-Drilling Expansionhead Screws	٠		
387.293	Universal Plate Bender	٠	•	•
387.34	Conical Extraction Screw	٠	•	•
387.532	Plate Holder	٠	•	•
387.595	Temporary Fixation Pin	٠	•	•
311.43.99	Handle with quick coupling	•	•	•
387.292*	Cervical Depth Gauge (for bicortical screws)	٠		
387.275*	3.0 mm Drill Bit for Bicortical Screws	٠		

Templates are included in implant sets.

*Instrument is also available, not included in set.

CSLP Plate Comparison

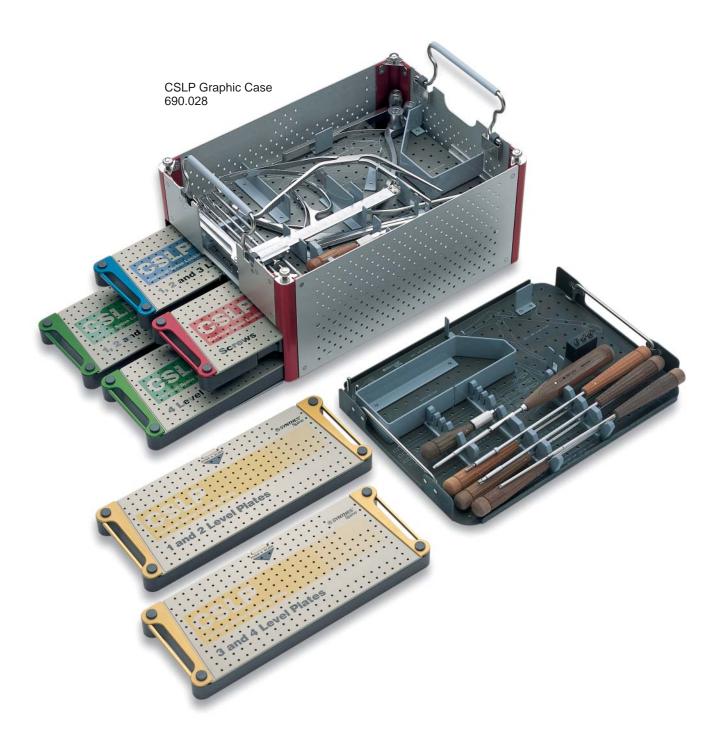
450.191

100

109

CSLP	Variable Ang	gle	CS	LP Small Statur	e		CSLP	
Catalog Number One-Level Pla	Cephalad to caudal hole pair length (mm) ites	Overall length (mm)	Catalog Number	Cephalad to caudal hole pair length (mm)	Overall length (mm)	Catalog Number	Cephalad to caudal hole pair length (mm)	Overall length (mm)
450.151	14	23	487.212	12	20	450.114	14	22
450.152 450.153 450.154	16 18 20	25 27 29	487.213 487.214 487.215	14 16 18	22 24 26	450.116 450.118 450.120	16 18 20	24 26 28
450.155 450.156 450.157	22 24 26	31 33 35	487.222 487.223 487.224 487.225	20 22 24 26	28 30 32 34	450.122 450.124 450.126	22 24 26	30 32 34
Two-Level Pla	ites							
450.161 450.162 450.163 450.164 450.165 450.166 450.167	28 31 34 37 40 43 46	37 40 43 46 49 52 55	487.216 487.217 487.218 487.226 487.227 487.228 487.236 487.237 487.238	26 28 30 32 34 37 40 43 46	34 36 38 40 42 45 45 48 51 54	450.228 450.231 450.234 450.237 450.240 450.243 450.246	28 31 34 37 40 43 46	36 39 42 45 48 51 54
Three-Level P	lates							
450.171 450.172 450.173 450.174 450.175 450.176 450.177 450.178 450.179	45 48 51 54 57 60 63 66 69	54 57 60 63 66 69 72 75 78	487.339 487.342 487.345 487.348 487.351 487.354 487.355 487.356 487.357 487.358 487.359	39 42 45 48 51 54 57 60 63 66 69	47 50 53 56 59 62 65 68 71 74 77	450.345 450.348 450.351 450.354 450.360 450.360 450.366 450.369	45 48 51 54 57 60 63 66 69	53 56 59 62 65 68 71 74 77
Four-Level Pla	ates							
450.181 450.182 450.183 450.184 450.185 450.186 450.187 450.188 450.189 450.190	60 64 68 72 76 80 84 88 92 96	69 73 77 81 85 89 93 97 101 105				450.460 450.464 450.468 450.472 450.476 450.480 450.484	60 64 68 72 76 80 84	68 72 76 80 84 88 92

The Cervical Spine Locking Plate System



The Cervical Spine Locking Plate System

Cervical Spine Locking Plate Instrument Set [105.897]

324.06	Caliper
324.061	Locking Drill Guide with Tissue Protection Sleeve
324.065	Cervical Plate Bender
324.066	Plate Lifter, 4 ea.
324.067	Countertorque Wrench
324.12	3.0 mm Drill Bit with stop, 12 mm, 2 ea.
324.14	3.0 mm Drill Bit with stop, 14 mm, 2 ea.
324.16	3.0 mm Drill Bit with stop, 16 mm, 2 ea.
387.20	3.0 mm Drill Guide
387.276	Tap for 4.0 mm Cortex Expansionhead Screws
387.277	Tap for 4.0 mm Cancellous Expansionhead Screws
387.282	Self-Retaining Screwdriver for expansionhead screws, 2 ea.
387.284	Self-Retaining Screwdriver for locking screw, 2 ea.
387.291	Awl for Self-Drilling Screws
387.293	Universal Plate Bender
387.34	Conical Extraction Screw
387.532	Plate Holder
387.595	Temporary Fixation Pin, 3 ea.
311.43.99	Handle with quick coupling, 2 ea.
690.028	CSLP Graphic Case

CSLP Basic Instrument Set (for CSLP and Small Stature CSLP) [105.898]

324.06	Caliper
324.061	Locking Drill Guide with Tissue Protection Sleeve
324.065	Cervical Plate Bender
324.067	Countertorque Wrench
324.12	3.0 mm Drill Bit with stop, 12 mm, 2 ea.
324.14	3.0 mm Drill Bit with stop, 14 mm, 2 ea.
324.16	3.0 mm Drill Bit with stop, 16 mm, 2 ea.
387.20	3.0 mm Drill Guide
387.276	Tap for 4.0 mm Cortex Expansionhead Screws
387.277	Tap for 4.0 mm Cancellous Expansionhead Screws
387.282	Self-Retaining Screwdriver, for expansionhead screws, 2 ea.
387.284	Self-Retaining Screwdriver, for locking screw, 2 ea.
387.293	Universal Plate Bender
387.34	Conical Extraction Screw
387.532	Plate Holder
387.595	Temporary Fixation Pin, 3 ea.
311.43.99	Handle with quick coupling
690.028	CSLP Graphic Case

Also Available

387.278	Tap for 4.35 mm Cancellous Expansionhead Screws
387.279	Tap for 4.5 mm Cancellous Expansionhead Screws
387.292	Cervical Depth Gauge
387.275	3.0 mm Drill Bit for Bicortical

Screws

387.286 Single Locking Drill Guide

CSLP Variable Angle Implant Set [105.894]



Module Case for 1-,2-, and 3-Level Plates [304.984]



Overall

length

(mm)

69

73 77

81

85

89

93

97

101

105

109

Module Case for 4-level Plates [304.985]

Cephalad to

caudal hole pair

length (mm)

60

64

68

72

76

80

84

88

92

96

100

Plate Lifter

Four-Level Plates

450.181

450.182

450.183

450.184

450.185

450.186

450.187 450.188

450.189

450.190

450.191

Also Available

	Cephalad to caudal hole pair length (mm)	Overall length (mm)
One-Level	Plates	
450.151	14	23
450.152	16	25
450.153	18	27
450.154	20	29
450.155	22	31
450.156	24	33
450.157	26	35
Two-Level	Plates	
450.161	28	37
450.162	31	40
450.163	34	43
450.164	37	46
450.165	40	49
450.166	43	52
450.167	46	55
Three-Leve	el Plates	
450.171	45	54
450.172	48	57
450.173	51	60
450.174	54	63
450.175	57	66
450.176	60	69
450.177	63	72
450.178	66	75
450.179	69	78

324.066

Also Available

324.066 Plate Lifter

Small Stature CSLP Implant Set [105.895]



Module for Small Stature CSLP [304.978]

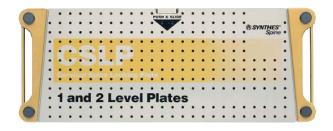
	Cephalad to caudal hole pair length (mm)	Overall length (mm)
One-Level	Plates	
487.212	12	20
487.213	14	22
487.214	16	24
487.215	18	26
487.222	20	28
487.223	22	30
487.224	24	32
487.225	26	34
Two-Level	Plates	
487.216	26	34
487.217	28	36
487.218	30	38
487.226	32	40
487.227	34	42
487.228	37	45
487.236	40	48
487.237	43	51
487.238	46	54

	Cephalad to caudal hole pair length (mm)	Overall length (mm)
Three-Lev	el Plates	
487.339	39	47
487.342	42	50
487.345	45	53
487.348	48	56
487.351	51	59
487.354	54	62
487.355	57	65
487.356	60	68
487.357	63	71
487.358	66	74
487.359	69	77

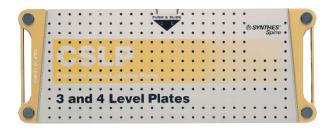
Also Available

324.066	Plate Lifter

CSLP Implant Set [105.896]



Module for 1- and 2-Level Plates [304.975]



Module for 3- and 4-Level Plates [304.976]

	Cephalad to caudal hole pair length (mm)	Overall length (mm)	Cephalad to Overall caudal hole pair length length (mm) (mm)
One-Leve	l Plates		Three-Level Plates
450.114	14	22	450.345 45 53
450.116	16	24	450.348 48 56
450.118	18	26	450.351 51 59
450.120	20	28	450.354 54 62
450.122	22	30	450.357 57 65
450.124	24	32	450.360 60 68
450.126	26	34	450.363 63 71
			450.366 66 74
Two-Leve			450.369 69 77
450.228	28	36	
450.231	31	39	Four-Level Plates
450.234	34	42	450.460 60 68
450.237	37	45	450.464 64 72
450.240	40	48	450.468 68 76
450.243	43	51	450.472 72 80
450.246	46	54	450.476 76 84
			450.480 80 88
Also Avai			450.484 84 92
324.066	Plate Lifter		

Also Available

324.066 Plate Lifter

CSLP Screws



CSLP Screw Module [304.983] (Holds six Screw Rack Inserts)

Standard Expansionhead Screws

4.0 mm Cortex		
450.012	12 mm	
487.04	14 mm	
450.016	16 mm	
4.35 mm C 451.012 488.814 451.016	ancellous 12 mm 14 mm 16 mm	

Locking Screw

497.78 1.8 mm



Also Available

Screw Rack Insert shown with screws

Screw Rack Inserts (must be ordered separately)

For Standard Expansionhead Screws 304.983T1 4.0 mm Cortex 304.983T6 4.35 mm Cancellous

For Self-Drilling		
Expansionhead Screws		
304.983T3	4.0 mm Cancellous	
304.983T5	4.0 mm Cortex	
304.983T9	4.5 mm Cancellous	

Self-Drilling

4.0 mm Cortex 450.137 12

4.0 mm Cancellous

4.5 mm Cancellous

450.138

450.139

450.131

450.132

450.133

450.144

450.145

450.146

Expansionhead Screws

12 mm

14 mm 16 mm

12 mm

14 mm

16 mm

12 mm

14 mm

16 mm

Self-Tapping Expansionhead Screws

4.0 mm Corte	ex
487.042	12 mm
487.044	14 mm
487.046	16 mm
4.0 mm Cano	cellous
450.134	12 mm
450.135	14 mm
450.136	16 mm
4.35 mm Car	ncellous
487.052	12 mm
487.054	14 mm
487.056	16 mm
4.5 mm Cano	cellous
450.141	12 mm
450.142	14 mm
450.143	16 mm
4.0 mm Corte	ex, for bicortical use*
450.127	18 mm*
450.128	19 mm*

450.129	20 mm*

For Self-Tapping

Expansionhead Screws 304.983T2 4.0 mm Cortex 304.983T4 4.0 mm Cancellous 304.983T7 4.35 mm Cancellous 304.983T8 4.5 mm Cancellous

* Longer lengths for bicortical purchase may be stored in flip-up screw rack of module.

304.981 Module case for CSLP Standard Plates 5, 8 and 9 holes

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