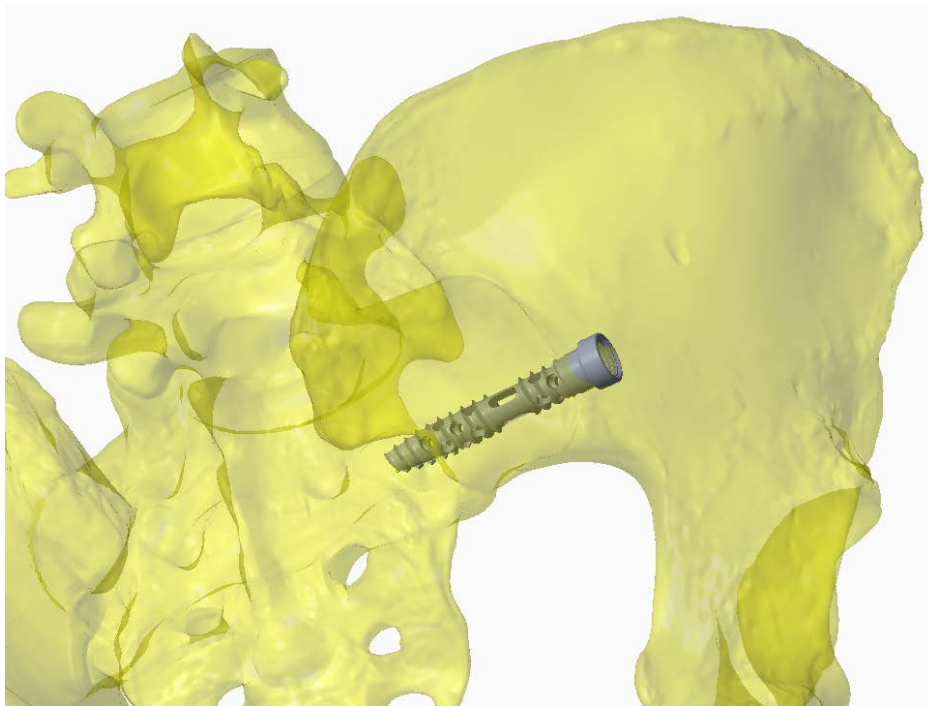


# Zavation SI Screw System

## Surgical Technique Guide





**Device Description:** The SI Screw System consists of bone screw in various lengths and graft hole configurations to accommodate variations in patient anatomy. The SI Screw System is manufactured from Titanium alloy in accordance with ASTM F136. All implants will be provided non-sterile and are intended for single use only.

**Indications:** The SI Screw System is intended for sacroiliac joint fusion for conditions including sacroiliac joint disruptions and degenerative sacroiliitis.



**Materials:** The SI Screw System components are manufactured from titanium alloy (Ti-6Al-4V) as described by ASTM F136.

**Contraindications:** Contraindications for the SI Screw System are similar to those of other systems of similar design, and include, but are not limited to:

1. Patients with probable intolerance to the materials used in the manufacture of this device.
2. Patients with infection, inflammation, fever, tumors, elevated white blood count, obesity, pregnancy, mental illness and other medical conditions which would prohibit beneficial surgical outcome.
3. Patients resistant to following post-operative restrictions on movement, especially in athletic and occupational activities.
4. Use with components from other systems.
5. Grossly distorted anatomy caused by congenital abnormalities.
6. Any other medical or surgical condition which would preclude the potential benefit of spinal implant surgery.
7. Rapid joint disease, bone absorption, osteopenia. Osteoporosis is a relative contraindication since this condition may limit the degree of obtainable correction, stabilization, and/or the amount of mechanical fixation.
8. Any case where the implant components selected for use would be too large or too small to achieve a successful result.
9. Any patient having inadequate tissue coverage over the operative site or inadequate bone stock or quality.
10. Any patient in which implant utilization would interfere with anatomical structures or expected physiological performance.
11. Any case not described in the indications for use.
12. Reuse or multiple uses.

**Potential Adverse Events:** Potential complications and adverse effects for this system are similar to those of other spinal instrumentation systems, and include, but are not limited to:

1. Early or late loosening of any or all of the components.
2. Disassembly, bending, and/or breakage of any or all of the components.
3. Foreign body (allergic) reaction to implants.
4. Post-operative change in spinal curvature, loss of correction, height, and/or reduction.
5. Infection.
6. Dural tears, persistent CSF leakage, meningitis.
7. Loss of neurological function including paralysis (partial or complete), radiculopathy, and/or the development or continuation of pain, numbness, spasms, or sensory loss.
8. Cauda equina syndrome, neurological deficits, paraplegia, reflex deficits, irritation, and/or muscle loss.
9. Loss of bladder control or other types of urological system compromise.
10. Scar formation possibly causing neurological compromise or compression around nerves and/or pain.
11. Fracture, micro-fracture, resorption, damage, or penetration of any spinal bone.
12. Herniated nucleus pulposus, disc disruption or degeneration at, above, or below the level of surgery.
13. Non-union (pseudarthrosis), delayed union, mal-union.
14. Cessation of any potential growth of the operated portion of the spine.
15. Loss of or increase in spinal mobility or function.
16. Inability to perform the activities of daily living.
17. Death.

Note: Additional surgery may be necessary to correct some of these anticipated adverse events

### Warnings and Precautions

As with any surgical system, the SI Screw System should be used by experienced surgeons with specific training in the use of the spinal system because this is a technically demanding procedure presenting a risk of serious injury to the patient.

### MR Safety:

Due to the presence of implants, interference with roentgenographic, CT and/or MR imaging may result. The SI Screw System has not been evaluated for safety and compatibility in the MR environment. It has not been tested for heating, migration or image artifact in the MR environment. The safety of the SI Screw System in the MR environment is unknown. Scanning a patient who has this device may result in patient injury.



Knowledge of surgical techniques, proper reduction, selection and placement of implants, and pre- and post-operative patient management are considerations essential to a successful surgical outcome. Appropriate selection, placement and fixation of the spinal system components are critical factors which affect implant service life. As in the case of all prosthetic implants, the durability of these components is affected by numerous biologic, biomechanics and other extrinsic factors, which limit their service life. Accordingly, strict adherence to the indications, contraindications, precautions, and warnings for this product is essential to potentially maximize service life. (Note: While proper implant selection can minimize risks, the size and shape of human bones present limitations on the size, shape, and strength of the implants).

Patients who smoke have been shown to have an increased incidence of pseudoarthrosis. Such patients should be advised of this fact and warned of the potential consequences. Patients with previous spinal surgery at the level to be treated may have different clinical outcomes compared to those without a previous surgery. Based on the fatigue testing results, the physician/surgeon should consider the level of implantation, patient weight, patient activity level, and other patient conditions, etc. which may have an impact on the performance of the system.

If the patient is involved in an occupation or activity which applies inordinate stress upon the implant (e.g. substantial walking, running, lifting, or muscle strain) resultant forces can cause failure of the device. In some cases, progression of degenerative disease may be so advanced at the time of implantation that the expected useful life of the appliance may be substantially decreased. In such cases, orthopedic devices may be considered only as a delaying technique or to provide temporary relief. Patients should be instructed in detail about the limitations of the implants, including, but not limited to, the impact of excessive loading through patient weight or activity, and be taught to govern their activities accordingly. The patient should understand that a metallic implant is not as strong as normal, healthy bone and will bend, loosen or fracture if excessive demands are placed on it. An active, debilitated, or demented patient who cannot properly use weight supporting devices may be particularly at risk during postoperative rehabilitation.

Care must be taken to protect the components from being marred, nicked or notched as a result of contact with metal or abrasive objects. Alterations will produce defects in surface finish and internal stresses which may become the focal point for eventual breakage of the implant.

As with all orthopedic and neurosurgical implants, none of the SI Screw System components should ever be reused under any circumstances. Risks associated with reuse include infection, non-union (pseudarthrosis), serious patient injury or death.

Due to the presence of implants, interference with roentgenographic, CT and/or MR imaging may result. The SI Screw System has not been evaluated for safety and compatibility in the MR environment. The SI Screw System has not been tested for heating or migration in the MR environment. It must be noted that there are several different manufacturers and generations of MRI systems available, and X-spine cannot make any claims regarding the safety of X-spine implants and devices with any specific MR system.

Physician Note: The physician is the learned intermediary between the company and the patient. The indications, contraindications, warnings, and precautions given in this document must be conveyed to the patient. If requested, additional information, including surgical technique manuals, may be obtained through corporate sales representatives.

**Implant Selection:** The selection of the proper size, shape, and design of the implant for each patient is crucial to the success of the procedure. Metallic surgical implants are subject to repeated stresses in use, and their strength is limited by the need to adapt the design to the size and shape of human bones. Unless great care is taken in patient selection, proper placement of the implant, and postoperative management to minimize stresses on the implant, such stresses may cause metal fatigue and consequent breakage, bending or loosening of the device before the healing process is complete, which may result in further injury or the need to remove the device prematurely.

**Preoperative:**

1. The surgeon should consider for surgery only those patients indicated for the use of this device.
2. The surgeon should not consider for surgery those patients contraindicated for the use of this device.
3. The surgeon should have a complete understanding of the device's indications, contraindications, and applications.
4. The surgeon should have a complete understanding of the function and limitations of each implant and instrument.



5. Device components should be received and accepted only in packages that have not been damaged or tampered with. Damaged implants and/or instruments should not be used. Components must be carefully handled and stored in a manner that prevents scratches, damage, and corrosion.
6. The type of implant to be used for the case should be determined prior to beginning the surgery.
7. All parts should be cleaned and sterilized before use.

**Intraoperative:**

1. Extreme caution should be used around the spinal cord and nerve roots. Damage to these structures will cause loss of neurological function.
2. Breakage, slippage, or misuse of instruments or implant components may cause injury to the patient or operative personnel.
3. Whenever possible or necessary, an imaging system should be utilized to facilitate surgery.
4. Caution should be taken in handling the implants; Damage to the implants may affect their performance.
5. Implants should not be reused under any circumstances.

**Postoperative:**

Postoperative management by the surgeon, including instruction and warning to and compliance by the patient, of the following is essential:

1. The patient should have a complete understanding of and compliance with the purpose and limitations of the implant devices.
2. Postoperative patients should be instructed to limit activity.
3. Rigid external orthosis/bracing should be utilized until fusion is confirmed clinically and radiographically.
4. During explantation, care should be taken to avoid damaging the implant and surrounding tissue as little as possible. The explanted device should be cleaned and disinfected using the instructions provided for cleaning/disinfection of instruments. Information on the procedure and patient should be retained to assist in any investigation.
5. Retrieved implants should be properly disposed of and are not to be reused under any circumstances.

**Pre-Cleaning/Cleaning and Sterilization Procedure Recommended for Reusable Instruments (and Trays):**

For safety reasons, reusable instruments must be pre-cleaned, cleaned and sterilized before use. Moreover, for good maintenance, reusable instruments must be pre-cleaned, cleaned and sterilized immediately after surgery following the sequence of steps described in the following table.

Sterilization trays should be thoroughly cleaned using either the Automated or Manual procedure that is detailed below for instruments. It is acceptable to skip the ultrasonic cleaner step for the sterilization trays as long as the inspection criteria provided below are acceptable for the tray.

<b>Cautions:</b> Long, narrow cannulations and blind holes require particular attention during cleaning.	
<b>Limitations on reprocessing:</b> Repeated processing has minimal effect on these instruments. End of life is determined by wear and damage due to use.	
<b>1-Point of use:</b> Remove all visual soil with disposable cloth/paper wipe. Soiled instruments must be kept moist to prevent soil from drying. If the instruments cannot be soaked immediately place a moist towel around them until they can be cleaned.	
<b>2-Containment and transportation:</b> Avoid damage and minimize time before cleaning	
<b>3-Preparation for cleaning:</b> None of the instrument require disassembly prior to cleaning other than disassemble removable handles that are left attached to the drill, tap and screw drivers and remove drills, taps and awl that are left in the drill guides. (note that these items are normally stored in their dedicated tray already disassembled).	
<b>4 Thoroughly clean instruments per one of the following (Manual or Automated)</b>	
<b>Manual</b>	<b>Automated</b>
<b>4.1 Pre-Cleaning-Manual:</b>	<b>4.1 Pre-Cleaning-Automated:</b>



<ul style="list-style-type: none"> <li>• Alcohol wipe</li> <li>• Prepare a pH neutral, enzymatic detergent soak with warm water (approximately 35-40°C) per the instructions of the enzymatic solution manufacturer.</li> <li>• Soak the instrument for a minimum of 15 minutes. Actuate any mechanisms and slide moving parts to the extreme positions to ensure the cleaning solution contacts all the surfaces.</li> <li>• Change the soak solution if the solution becomes visibly soiled.</li> <li>• While still in the soak solution, use a soft brush to remove all exterior soil. Thoroughly scrub any grooves, slots, threads, teeth, ratchets, or hinges. Use an appropriate size cleaning brush to thoroughly brush the entire length of any internal lumens a minimum of five times per lumen</li> <li>• Rinse instruments thoroughly with clean warm (35-40°C) deionized water, taking care to flush all lumens or crevices, for at least one minute, until water runs clear. Use a tubing attachment to the water outlet in order to direct the rinse flow into any lumens, crevices, grooves, or slots and flush them completely until water runs clear</li> </ul>	<ul style="list-style-type: none"> <li>• Soak in ultrasonic bath</li> <li>• 15 minutes</li> <li>• Use nonmetallic brush</li> <li>• Rinse thoroughly with cold (&gt;40°C) running tap water, 2 minutes</li> </ul>
<p><b>4.2 Cleaning-Manual:</b></p> <ul style="list-style-type: none"> <li>• Prepare a fresh pH neutral enzymatic cleaning solution and sonicate the instruments and subassemblies for a minimum of 15 minutes in an ultrasonic bath. After sonication, rinse instruments again under clean warm (35-40°C) running deionized water for a least one minute until water runs clear. Use a tubing attachment to the water outlet in order to direct the rinse flow into any lumens, crevices, grooves, or slots and flush them completely until the water runs clear.</li> <li>• Dry the exterior of the instruments with a clean soft cloth. Use clean compressed air or 70% isopropyl to dry any lumens or crevices where water may become trapped.</li> </ul>	<p><b>4.2 Washer Disinfectior:</b></p> <ul style="list-style-type: none"> <li>• Wash, 45°C, 4 minutes</li> <li>• Wash, 60°C, 3 minutes</li> <li>• Rinse, &gt;40°C tap water, 1 minute</li> <li>• Rinse, 60°C tap water, 1 minute</li> <li>• Thermal rinse, ≥93°C tap water, A<sub>0</sub>3000</li> <li>• Rinse, 35-40°C deionized water, 1 minute</li> <li>• When unloading check cannulations, holes, etc. for complete removal of visible soil. If necessary, repeat cycle or use manual cleaning.</li> <li>• Dry, 123°C, air, 14 minutes</li> </ul>
<p><b>Inspection:</b></p> <ul style="list-style-type: none"> <li>• Visually inspect each device to ensure all visible blood and soil has been removed. If not visually clean repeat step 4 above until clean or appropriately dispose of device if unable to get visually clean.</li> <li>• Check instruments with long slender features for distortion</li> <li>• Inspect the devices for any cracking, pitting, or other signs of deterioration</li> </ul>	
<p><b>Packaging:</b> Instruments are loaded into dedicated instrument trays. Wrap the trays using appropriate FDA cleared wrap.</p>	
<p><b>Sterilization:</b> See sterilization procedure</p>	



<b>Storage:</b> Control environment
<b>Additional information:</b> When sterilizing multiple instruments/trays in one autoclave cycle, ensure that the sterilizer's maximum load is not exceeded.
<b>Manufacturer contact:</b> Contact local representative or call customer service at 601-919-1119

**Sterilization:** The SI Screw System should be sterilized by the hospital using the recommended cycle:

Do not stack trays in the chamber.

Method	Cycle	Temperature	Minimum Exposure Time	Drying Times
Steam	Gravity	270°F (132°C)	15 Minutes	15 Minutes
Steam	Pre-Vacuum	270°F (132°C)	4 Minutes	30 Minutes

**Instrument Maintenance:** Lubricate hinges, threads and other moving parts with a commercial water-based surgical grade instrument lubricant (such as instrument milk) to reduce friction and wear. Follow lubricant manufacturer's instructions.

**Product Complaints:** Any Healthcare Professional (e.g., customer or user of this system of products), who has any complaints or who has experienced any dissatisfaction in the product quality, identity, durability, reliability, safety, effectiveness and/or performance, should notify Zavation, LLC, 220 Lakeland Parkway, Flowood, MS 39232, USA, Telephone: 601-919-1119

**Further Information:** A recommended surgical technique for the use of this system is available upon request from Zavation, LLC, 220 Lakeland Parkway, Flowood, MS 39232, USA, Telephone: 601-919-1119.

**Caution:** Federal law (USA) restricts these devices to sale by or on the order of a physician.

## Surgical Technique

### Preoperative Patient Setup

The patient should be positioned prone on the operative table. Two C-arm fluoroscopy units are used to provide simultaneous lateral and Ferguson's views. EMG and somatosensory evoked potentials are utilized during the procedure for increased safety. Using EMG, the following muscles are monitored during surgery:

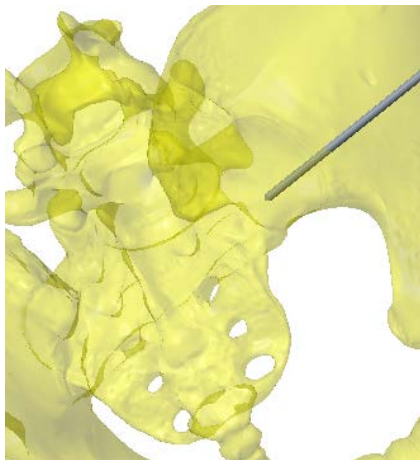
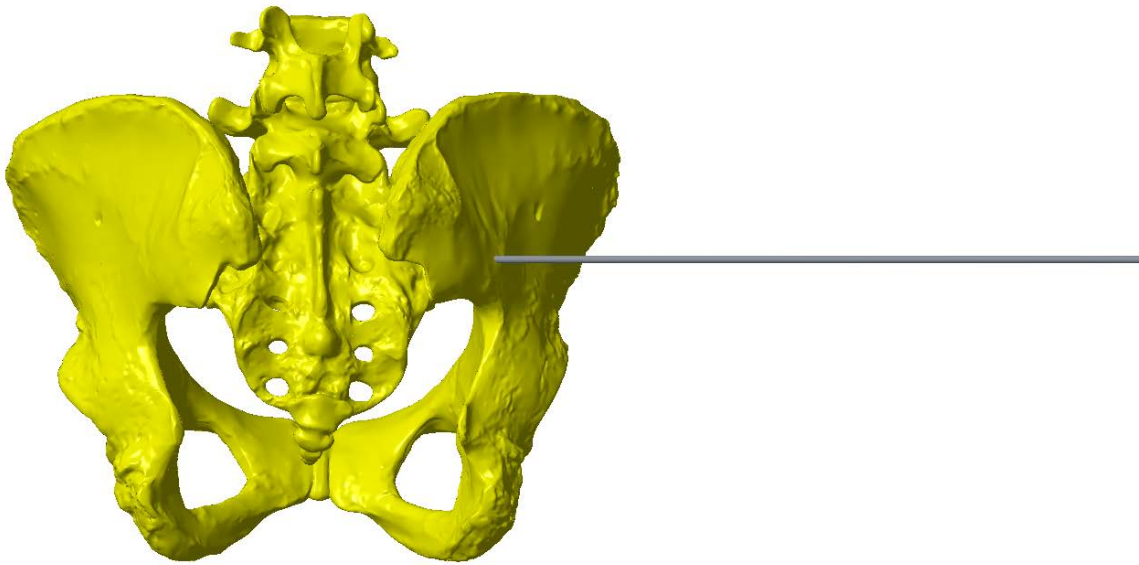
- L5 root, the anterior tibialis
- S1 root, the gastrocnemius
- S2 root, rectal sphincter





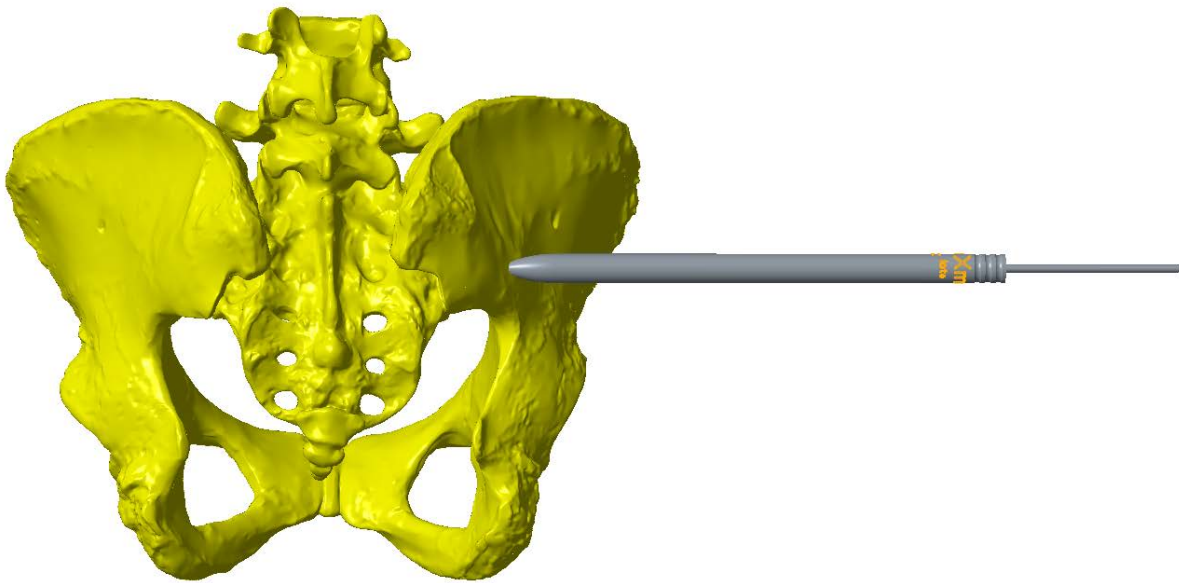
## Step 1 - Spike

After determining proper placement insert Spike to preferred depth.



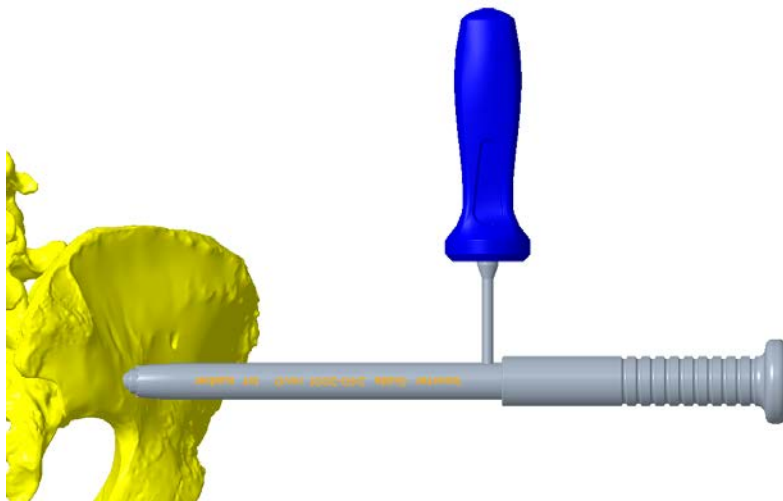
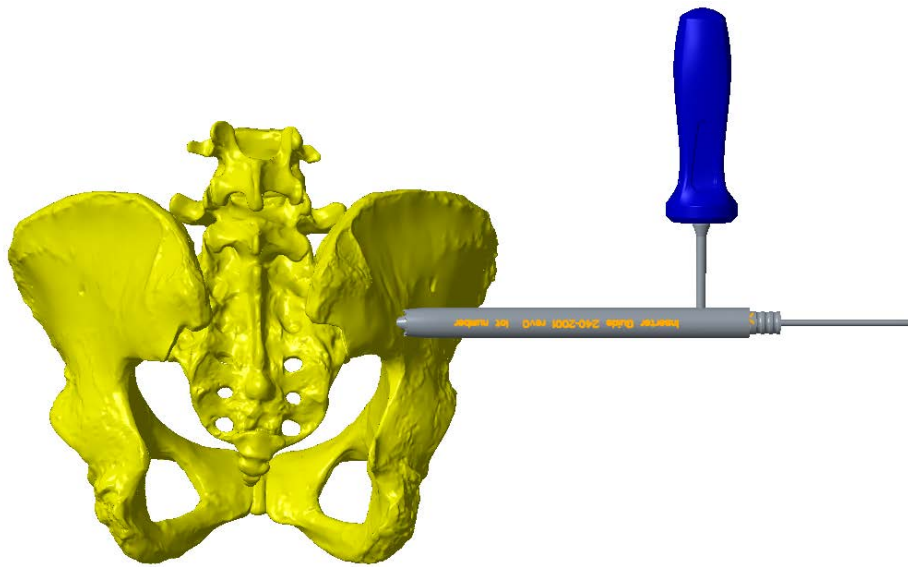
## Step 2 – Dilator

Insert Dilator to bottom establishing path for  
Insertor Guide.



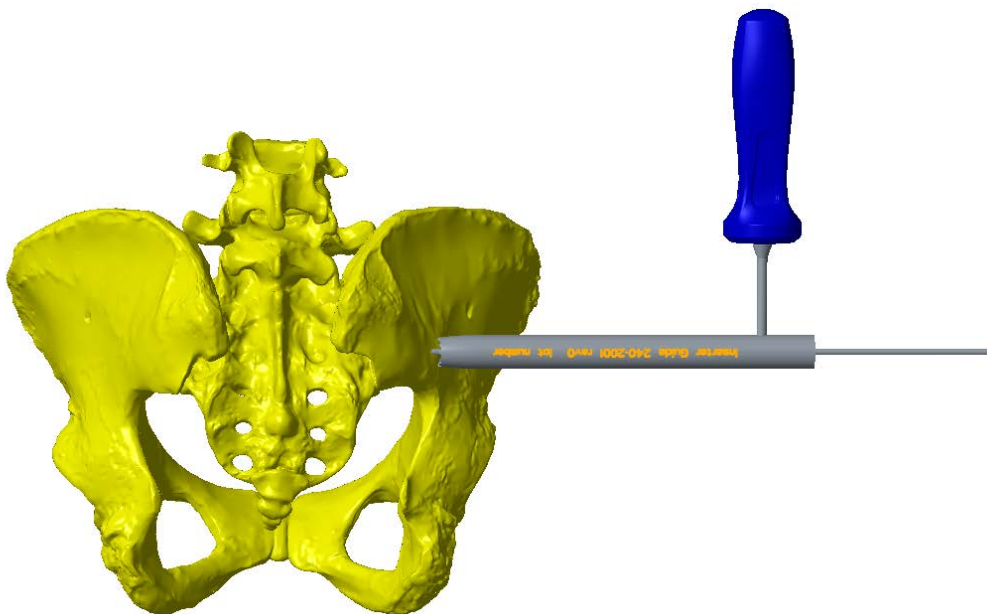
### Step 3 – Inserter Guide

Install Inserter Guide over Dilator allowing teeth to contact the bone. Install Inserter Guide Set over the Inserter Guide. Tap Set to engage teeth into the bone.



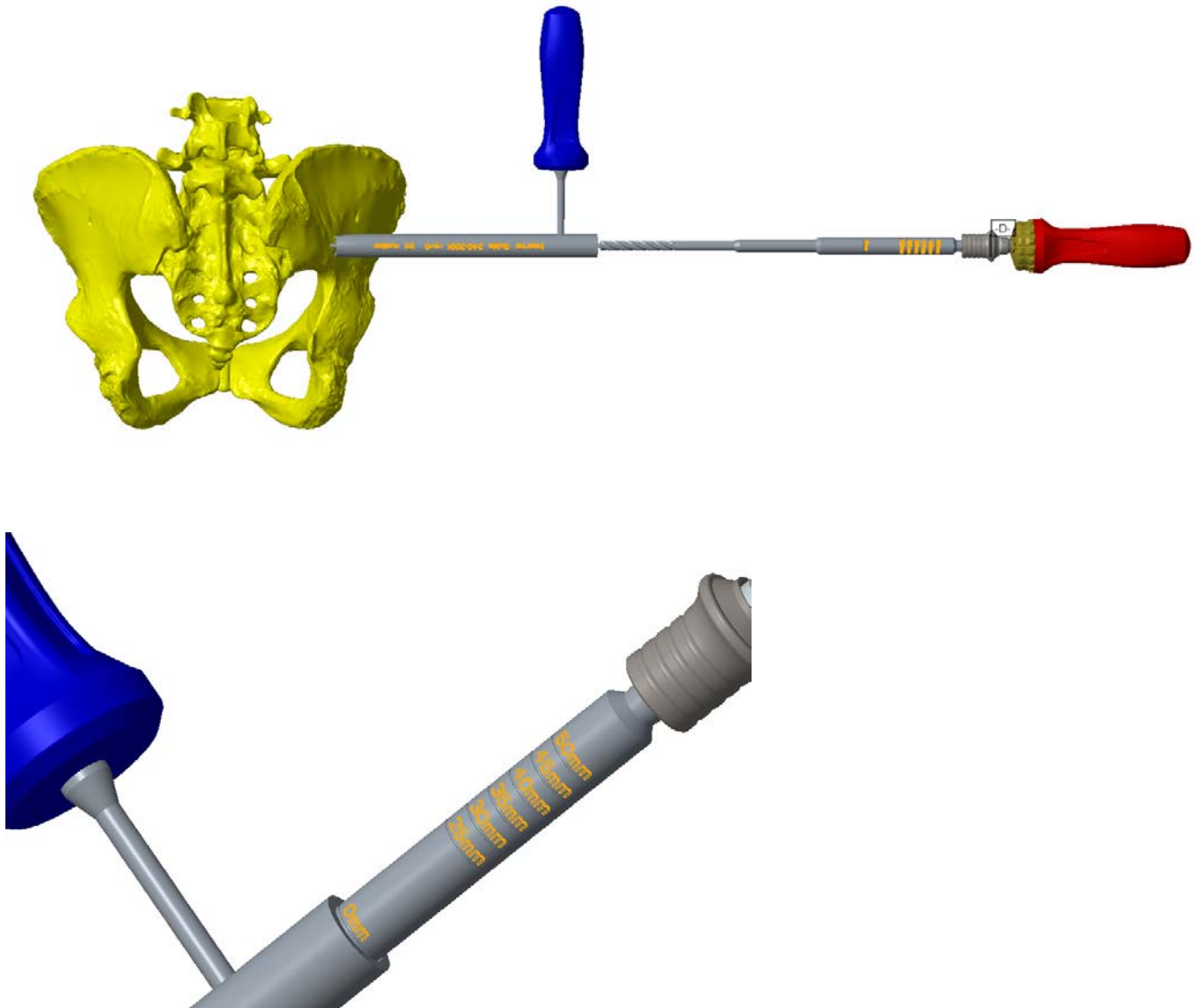
## Step 4 – Remove Dilator and Set Inserter Guide

Utilizing the Guide Set, insert over the end of the Inserter Guide and tap Guide Set to seat the Inserter Guide teeth into the bone.



## Step 5 – Drill

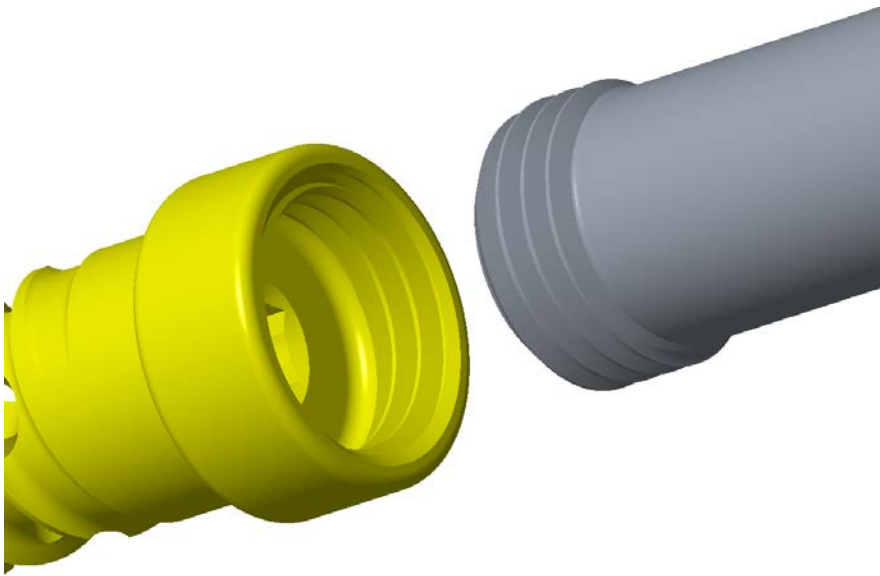
Drill the pilot hole to desired depth indication on the drill using the Inserter Guide Handle for stabilization. Select SI Screw size depending on depth indication. Spike can be removed at this step if Surgeon prefers to power drill. Drill will pilot in Guide.





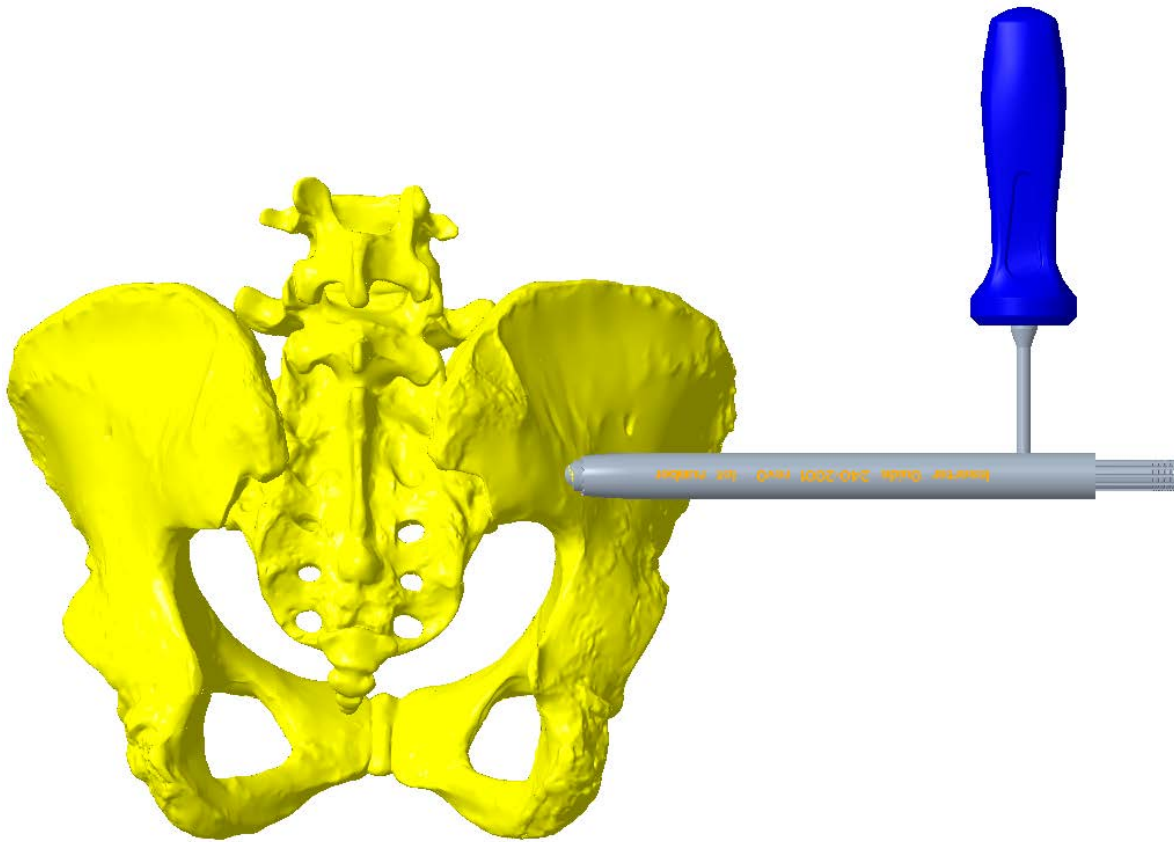
## Step 6 – Installing selected SI Screw to Inserter Sleeve

Hand tighten selected SI Screw to Inserter Sleeve as shown. If Spike has been removed SI Screw can be preloaded with allograph now.



## Step 7 – Inserting Inserter Sleeve with SI Screw

Screw Inserter Sleeve by hand to start the SI Screw into predrilled pilot hole over the spike ensuring the screw has started into the pilot hole.

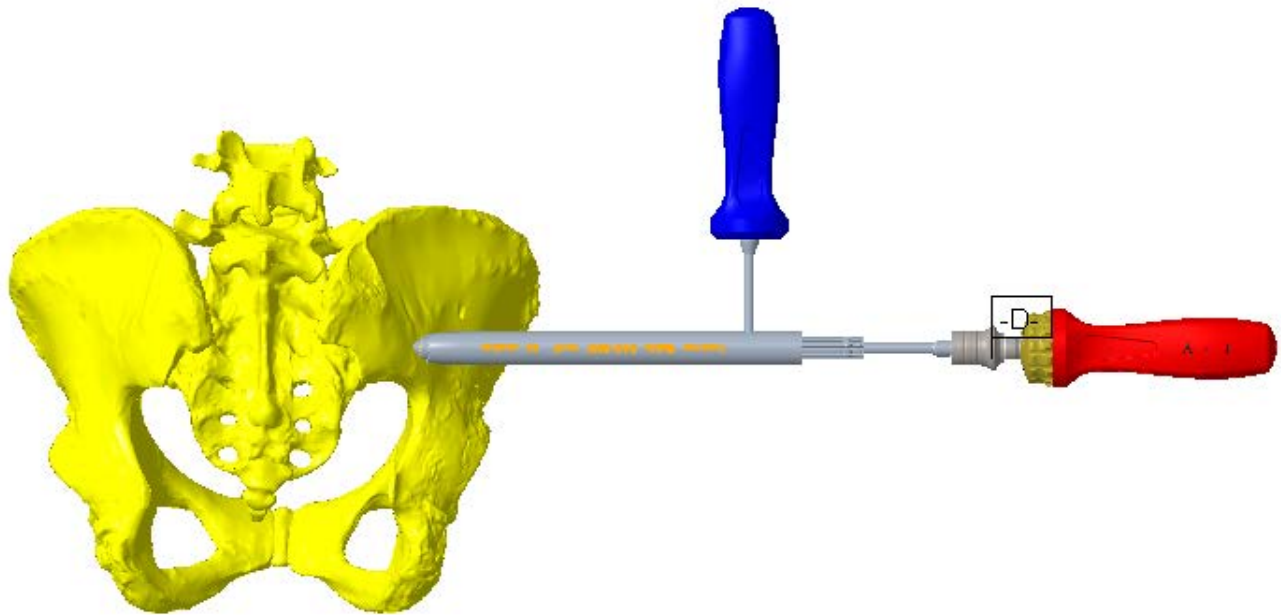


## Step 8 – Remove Spike

## Step 9 – Screw Insertion

Seat SI Screw by inserting the Screw Driver into the Inserter Sleeve and properly engaging the driver into the screw. Use the Inserter Guide handle as counter torque. Under fluoroscopy guidance, advance the selected SI Screw into the pilot hole until the head stops against the ilium

Remove Driver and Inserter Sleeve







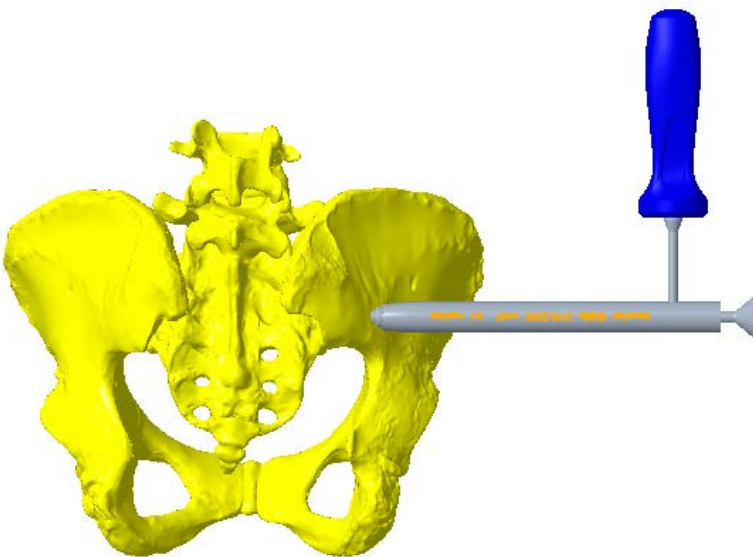
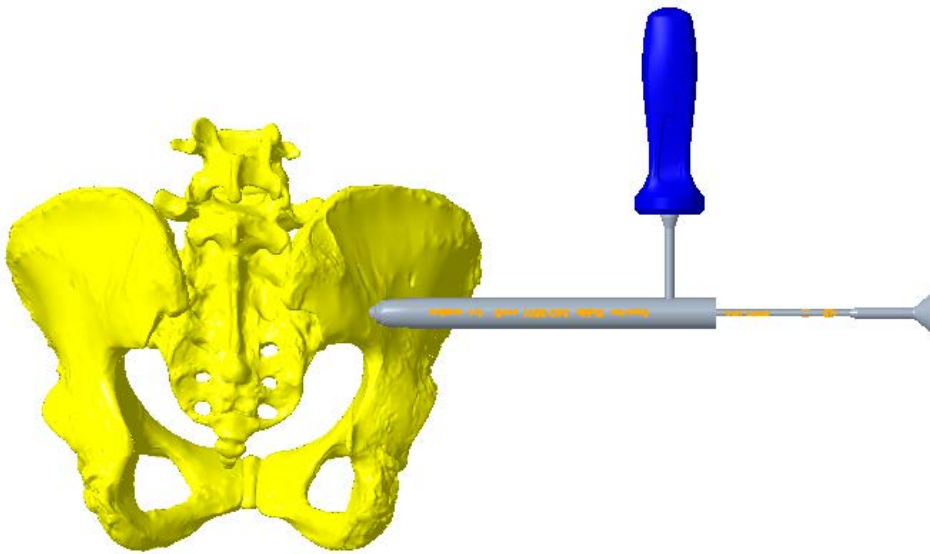
## Step 10 – Load Allograft Loader

Add premeasured amount of allograft into the end of the allograft loader.



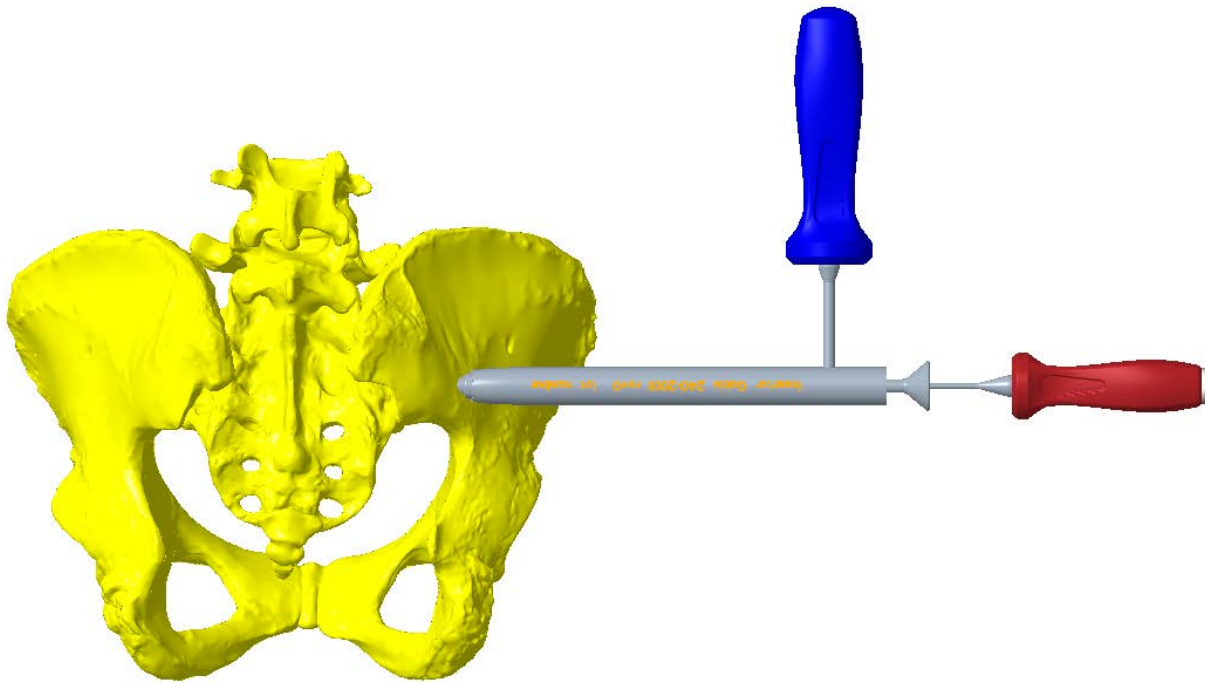
## Step 11 – Inserting Allograft Loader

Insert loaded Allograft Loader in the Inserter Guide bottoming it inside the drive feature of the SI Screw.



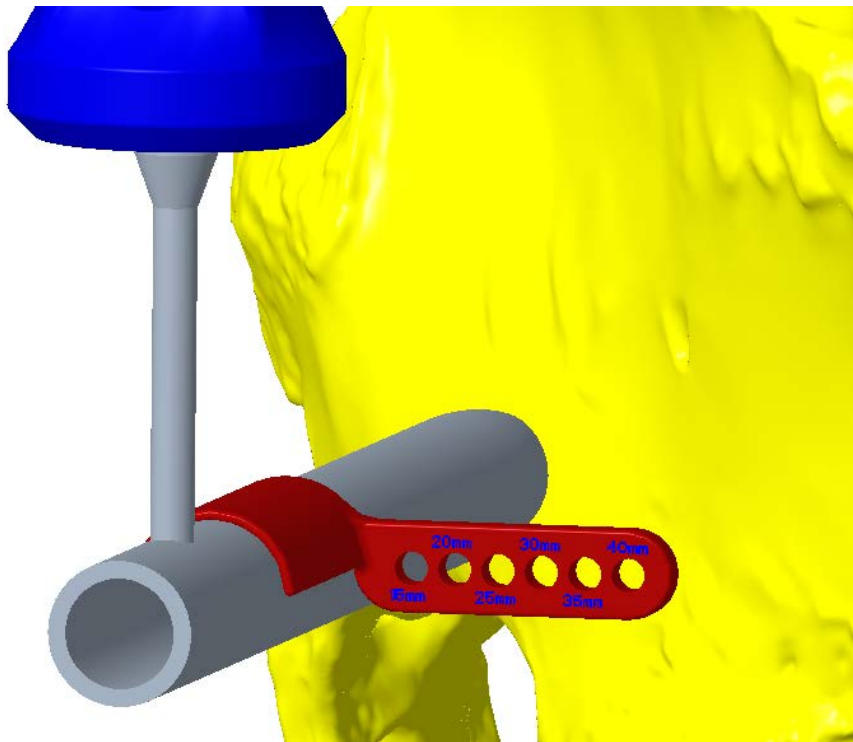
## Step 12 – Pack Allograft into Screw

Pack the allograft into the SI Screw by inserting Allograft Packer into the Allograft Loader and depressing Allograft Packer into the Allograft Loader.



## Step 13 – Offset Guide

If an additional screw is required, install/snap the Offset Guide around the inserter Guide and mark the location of the second screw in the hole marked 15mm, 20mm, 25mm, 30mm, 35mm or 40mm. Repeat steps 1 through 13.



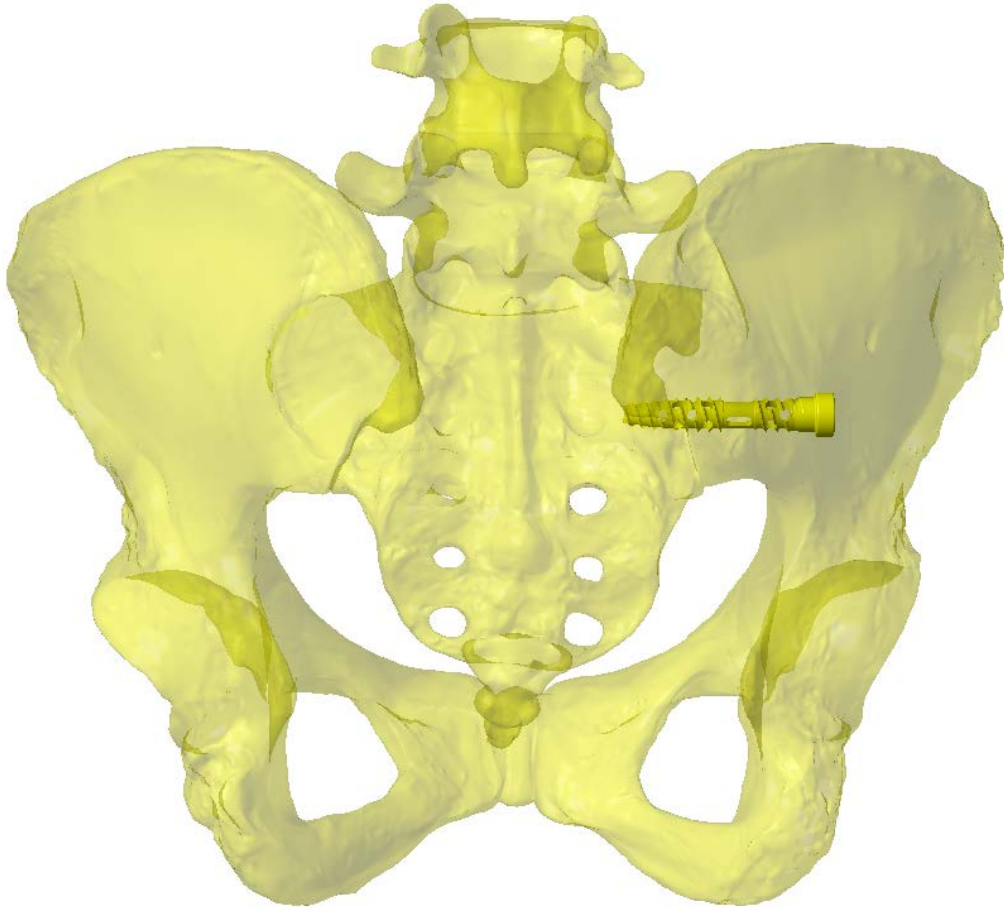


## **Step 14 – Remove Instrumentation**


### **Device Retrieval Efforts**

If the fixation device is malpositioned and the surgeon feels that removal is indicated, the removal process for the fixating implant should be followed by adequate postoperative management to avoid re-fracture or deformity. If the patient is older and has a low activity level, the surgeon may choose not to remove the fixation implant, thus eliminating the risk associated with any second surgery.

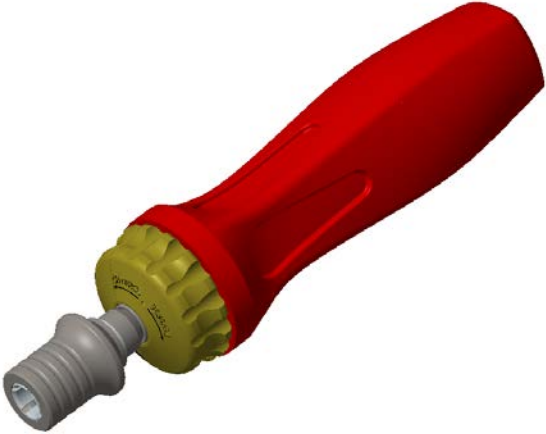
Should it be necessary to remove a SI Screw, the patient is positioned in a similar fashion as for screw insertion. Biplane fluoroscopy is brought into the operative field. The wound is reopened utilizing standard surgical technique. Using the Screw Driver (240-2006) under fluoroscopic guidance, the head of the screw to be removed is engaged and rotated counter-clockwise until the screw is out.







Device View	Part #	Description
<b>Implants</b>		
	240-90XX	<p><b>Zavation SI Screw</b></p> <ul style="list-style-type: none"><li>• Screw: 9mm External Thread</li><li>• 25mm, 30mm, 35mm, 40mm, 45mm and 50mm Lengths</li><li>• Cannulated</li><li>• Smooth shank option for 30mm, 35mm, 40mm, 45mm, and 50mm.</li><li>• Integrated bone growth windows</li><li>• Internal Installation Thread: .3750</li><li>• 4mm Hex Drive</li><li>• Material: Titanium per ASTM F-136</li><li>• See attached drawing for additional detail</li></ul>




Device View	Part #	Description
<b>Instruments</b>		
	Z-1003	<p><b>Large Ratcheting Handle:</b></p> <ul style="list-style-type: none"><li>• Quick release</li><li>• Forward and Reverse options</li><li>• Used with driver shaft</li><li>• ¼ drive</li><li>• Material: Stainless steel with silicon handle</li></ul>








Device View	Part #	Description
 <p>inserter Guide 240-2001 rev0 lot number</p>	240-2001	<b>Inserter Guide:</b> <ul style="list-style-type: none"><li>• Fits ALL SI Screw sizes</li><li>• Material: Stainless steel</li></ul>
 <p>inserter Sleeve 240-2004 rev0 lot number</p>	240-2004	<b>Inserter Sleeve:</b> <ul style="list-style-type: none"><li>• Fits ALL SI Screw sizes</li><li>• Material: Stainless steel</li></ul>


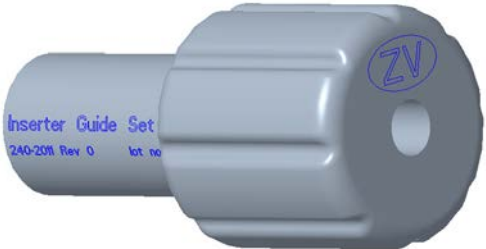
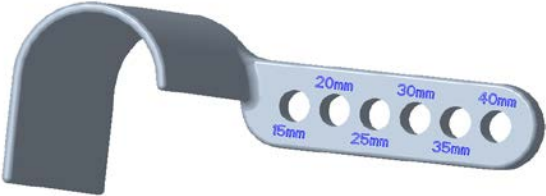


Device View	Part #	Description
 A long, thin, grey, tapered surgical dialator. The handle on the left has a textured grip and is printed with 'Xm', '2002-10', and 'Rev 0' in red.	240-2002-10	<b>Dialator:</b> <ul style="list-style-type: none"><li>• Fits ALL SI Screw sizes</li><li>• Material: Stainless steel</li></ul>



Device View	Part #	Description
	240-2005	<b>Spike:</b> <ul style="list-style-type: none"><li>• Fits ALL Si Screw sizes</li><li>• Material: Stainless steel</li></ul>
	240-2003	<b>Universal Drill:</b> <ul style="list-style-type: none"><li>• Works for all SI Screw lengths</li><li>• Material: Stainless steel</li></ul>
	240-2010	<b>Graft Loader</b> <ul style="list-style-type: none"><li>• Works for all SI Screw sizes</li><li>• Material: Stainless steel</li></ul>



Device View	Part #	Description
	<p>240-2009</p>	<p><b>Graft Pusher</b></p> <ul style="list-style-type: none"> <li>• Works for all SI Screw sizes</li> <li>• Material: Stainless steel</li> </ul>
	<p>240-2011</p>	<p><b>Guide Set</b></p> <ul style="list-style-type: none"> <li>• Works for all SI Screw sizes</li> <li>• Material: Stainless steel</li> </ul>
	<p>240-2012</p>	<p><b>Offset Guide</b></p> <ul style="list-style-type: none"> <li>• Works for all SI Screw sizes</li> <li>• Material: Stainless steel</li> </ul>



**System Bill of Materials**

<b>240-9001</b>	<b>Case Assembly</b>	
<b>Part Number</b>	<b>Description</b>	<b>Qty</b>
<b>240-9001-T1</b>	<b>Tray</b>	<b>1</b>
<b>240-9001-C1</b>	<b>Implant Caddy</b>	<b>1</b>
240-90XX	SI Screw	24
	<b>Instruments</b>	<b>1</b>
240-2003	Universal Drill	1
240-2006	Screw Driver	2
Z-1003	Ratcheting Handle	1
240-2011	Guide Set	1
240-2012	Offset Guide	1
<b>240-9001-T2</b>	<b>Case</b>	
240-2005	Spike	6
240-2004	Insertor Sleeve	3
240-2002-10	Dialator	2
240-2001	Insertor Guide	2
240-2009	Graft Pusher	1
240-2010	Graft Loader	1